Privacy & Security Survival Training

Protecting Patient Information

June 1, 2013
INTRODUCTION

A component of the DHS Compliance Program requires you to be trained on the privacy and confidentiality laws and regulations that affect your job. Use this study guide as a resource and feel free to refer to it for situations you may encounter in your workplace. Also your supervisor or your facility Privacy Coordinator or Information Security Coordinator are available to assist you with any concerns you might have.

Not only do you have a duty to comply with the privacy and confidentiality laws, regulations and standards, but you also have a responsibility to take action if you see or suspect possible violations. This study guide provides information about how to report concerns and about your protections against retaliation for good faith reporting of violations.

Who Must Complete Privacy and Confidentiality Training?

Privacy and Confidentiality training is important because it is your responsibility and DHS holds you accountable to adhere to State and Federal laws, departmental and facility policies and procedures and any applicable standards regarding the protection of patient and other confidential information.

All workforce members must complete Privacy & Confidentiality training. Workforce members include: employees (including managers and other supervisors), contract staff, affiliates, volunteers, trainees, students, and other persons whose conduct, in the performance of work for DHS, is under its direct control, whether or not they receive compensation from the County.

Thank you for doing your part to ensure we act responsibly when handling patient, confidential, or sensitive information.
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Learning Objectives

By reviewing the material in this handbook, you will:

- Familiarize yourself with the Patient Privacy & Information Security component of the DHS Compliance Program.

- Learn key elements of HIPAA, the Omnibus Rule, the HITECH Act, California privacy laws, and other relevant laws and regulations.

- Become aware of your responsibility to make sure you do not inappropriately acquire, view, access, use, or disclose patient information and other kinds of confidential information.

- Recognize the importance of safeguarding patient and confidential information.

- Learn how to recognize and report suspected privacy and security violations and other compliance issues.
PRIVACY & SECURITY COMPLIANCE PROGRAM

The DHS Privacy & Security Compliance Program is designed to ensure workforce compliance with all applicable laws, regulations, policies and standards that pertain to the privacy and security of patient health and other confidential information. The objectives of this program are:

- Establish and implement policies and procedures to guide the workforce in making good decisions when handling and using patient information.
- Make the workforce aware of their responsibility to assure the privacy and security of patient health information and other confidential or sensitive data and records.
- Provide the workforce with privacy and security awareness training.
- Provide a mechanism for reporting violations and complaints.
- Provide investigative support and oversight of mitigation efforts.

DHS Privacy and Security Program Structure
As a member of DHS’ workforce, you may be in contact with patient information and other confidential or sensitive information, records and data in your everyday duties and responsibilities. No matter your job title or function, you are an integral part of the Patient Privacy & Information Security Program and its success depends on you.

The program is comprised of the DHS Privacy Officer, Facility Privacy Coordinator, Facility Information Security Coordinator (FISC), Departmental Information Security Officer (DISO), various committees, and most importantly, you as a member of the workforce.

**Roles & Responsibilities**

Individuals at each facility oversee and coordinate specific responsibilities of the DHS Patient Privacy & Information Security Program.

<table>
<thead>
<tr>
<th>ROLES</th>
<th>RESPONSIBILITIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>DHS Privacy Officer &amp; DISO</td>
<td>▪ Direct and implement DHS Privacy and Information Security policies and procedures</td>
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<tr>
<td></td>
<td>▪ Direct Privacy and Security Training and Awareness Activities</td>
</tr>
<tr>
<td></td>
<td>▪ Ensure compliance with all laws, rules, regulations and standards related to the</td>
</tr>
<tr>
<td></td>
<td>privacy and security of patient and other confidential or sensitive information</td>
</tr>
<tr>
<td>Facility Privacy Coordinator</td>
<td>▪ Receive, investigate, and report privacy and security complaints or suspected</td>
</tr>
<tr>
<td>&amp; FISC</td>
<td>violations</td>
</tr>
<tr>
<td></td>
<td>▪ Coordinate the development, implementation and maintenance of specific privacy</td>
</tr>
<tr>
<td></td>
<td>and security policies and procedures</td>
</tr>
<tr>
<td></td>
<td>▪ Monitor the effectiveness of the Patient Privacy &amp; Information Security Program</td>
</tr>
<tr>
<td></td>
<td>within their facility</td>
</tr>
<tr>
<td></td>
<td>▪ Provide facility/area specific training</td>
</tr>
</tbody>
</table>

The name and contact information for the Facility Privacy Coordinator and Information Security Coordinator is listed in your facility orientation/re-orientation handbook.
PATIENT INFORMATION PRIVACY LAWS

HIPAA

The Health Insurance Portability and Accountability Act of 1996 or HIPAA is a federal law designed to protect confidential patient information known as protected health information, or PHI. HIPAA requires DHS’ healthcare facilities to institute safeguards to protect patient information. Technological advances in the healthcare industry such as electronic transactions and electronic medical records required changes in law to protect the personal health and financial information contained in those records and to provide patients’ rights regarding the use of those records.

HIPAA:

• Provides patients with rights regarding the use and disclosure of their PHI
• Requires DHS and its workforce to take reasonable safeguards to protect the privacy of patient information.
• Requires uses and disclosures of most PHI to be authorized (unless related to treatment, payment, or healthcare operations, or permitted by law or applicable regulation).
• Imposes penalties for violations of the law.

HIPAA has three components: the Privacy Rule, the Security Rule, and Transactions and Code Sets. This study guide focuses on the Privacy and Security Rules. The rules for Transactions and Code Sets govern healthcare transactions, diagnoses and procedure codes, which are covered in specialized unit-based training for workforce members in billing, claims and coding of medical records.

The Privacy Rule protects health information in all forms, including:

• Written
• Oral
• Electronic (ePHI)
• All other forms of communication (e.g., recorded information such as photographs or videos, filming or other recording of patients or PHI).

The Security Rule protects ePHI (electronic protected health information).
THE HIPAA OMNIBUS RULE

The Omnibus Rule (Rule) came about as a result of changes to several federal laws and strengthens the privacy and security protections for health information under HIPAA. The Rule enhances a patient’s privacy protections, provides individuals with new rights regarding their personal health information, and strengthens the government’s ability to enforce the law. The Rule became effective on March 26, 2013 and DHS must comply with the provisions by September 23, 2013.

The Omnibus related modifications to the Privacy and Security rules include:

- Makes business associates that work with DHS directly liable for compliance with certain HIPAA Privacy and Security Rule requirements.
- Expands a patient’s right to receive an electronic copy of their health information.
- Restricts DHS from letting a health plan such as Medicare, Medi-Cal, or an insurance company know about treatment the patient paid for in full out of pocket.
- Requires DHS to make changes to and re-distribute the Notice of Privacy Practices.
- Makes changes to rules that require patient authorizations and other requirements regarding research.
- Makes changes to rules regarding disclosure of child immunization information to schools.
- Makes changes to rules regarding access to decedent information by family members and others.
- Incorporates the increased and tiered civil money penalty structure provided by the HITECH Act.
- Prohibits most health plans from using or disclosing genetic information for underwriting purposes in accordance with the Genetic Information Nondiscrimination Act (GINA).
- Strengthens the limitations on the use and disclosure of protected health information for marketing and fundraising purposes and prohibits the sale of PHI without individual authorization.

HITECH ACT

The Health Information Technology for Economic and Clinical Health Act (HITECH Act) includes additional HIPAA enforcement provisions to ensure the privacy and security of electronic health records.
The HITECH Act:
- Requires notification to U.S. Department of Health and Human Services (HHS) and individuals affected by a breach of unsecured PHI (PHI that was not encrypted, shredded, destroyed, wiped clean or sanitized).
- Provides for additional patient privacy rights
- Prohibits the sale and marketing of PHI
- Increases fines and penalties for violations.
- Strengthens enforcement measures.

State Laws and Regulations

Before the Federal HIPAA law was adopted, California already had patient information privacy laws, such as the Confidentiality of Medical Information Act (CMIA), and the Patient Access to Health Records Act (PAHRA). With the disclosure of several high profile patients’ health information, such as in the instances of Maria Shriver (former gubernatorial first lady) and performers Farrah Fawcett and Britney Spears, several new laws were implemented to prevent unauthorized viewing, selling, or disclosure of patient information and to strengthen enforcement measures.

The California Department of Public Health investigates licensed healthcare facilities and programs when alleged privacy breaches are reported and may fine the licensee if determined that unauthorized and/or inappropriate access or viewing of patient medical information without direct need-to-know occurred. Licensed healthcare facilities and programs are obligated to notify the patient and report privacy breaches within five business days from when the breach was detected.

The California Office of Health Information Integrity (Cal OHII) was created to investigate individuals and hold them accountable if they are involved in a privacy breach and can impose fines on the individual for negligent and unlawful disclosures of patient information. They can also report this information to an individual's license, certificate, registration, or permit issuing board or agency for disciplinary action.

While HIPAA and California law generally provide the same protections for patient information, some disclosures of patient information allowed under HIPAA are not allowed under California law. In some cases, California law provides greater patient protections and should be followed.

Regulatory Standards

The Joint Commission (TJC) and Centers for Medicare and Medicaid Services (CMS) standards also require DHS facilities to maintain the privacy and security of patient information. Failure to maintain the confidentiality of patient information can lead to significant fines and can also affect the accreditation and reimbursement for patient care services at our facilities.
Hospitals and healthcare facilities are responsible for making sure a patient’s health information is kept confidential and private. You are a member of the healthcare organization, in what ways can you violate patient privacy?

a. Inappropriately viewing patient information
b. Using or disclosing patient information for treatment, payment, or healthcare operations
c. Encrypting e-mails and sanitizing computer hard drives
d. Disclosing patient information to business associates

Answer on page 37

PATIENT INFORMATION PRIVACY LAWS & RELATED PROCEDURES

This study guide generally describes the key components of HIPAA and DHS' related procedures. DHS’ procedures take into account other privacy regulations in addition to HIPAA, including California law and regulatory standards. These non-HIPAA requirements are described herein when they require additional protection of patient information beyond the protections required by HIPAA.

What is Protected Health Information (PHI)?

Protected Health Information can be defined as any health information, created, used, stored, or transmitted by our department that can be used to describe the health and identity of an individual. PHI includes:

- Information that describes the physical or health or condition of an individual.
- Delivery of care services or treatment of an individual.
- Payment for healthcare provided to the patient.
Further, PHI can:
- Be obtained, provided, used, or disclosed during treatment, payment, or approved for healthcare operations.
- Include information related to past, present, or future condition of the patient.
- Be in any form, whether oral, written, or electronic, which can include videos, photographs, and x-rays.

**Health Information Identifiers**

There are many identifiers that accompany health information that can be used alone, or in combination, to identify an individual. Individually identifiable health information includes any of the following:

<table>
<thead>
<tr>
<th>Individual Identifiers</th>
<th>Unique Identifiers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name</td>
<td>Certificate or License Number</td>
</tr>
<tr>
<td>Address, City, County, Zip code</td>
<td>Device Identifiers and Serial Numbers</td>
</tr>
<tr>
<td>Telephone Number</td>
<td>Internet Protocol (IP) Address</td>
</tr>
<tr>
<td>Medical Record Number</td>
<td>Health Insurance Beneficiary Numbers</td>
</tr>
<tr>
<td>Social Security Number</td>
<td>Vehicle Identifiers and License Plate Number</td>
</tr>
<tr>
<td>Full-face Photograph</td>
<td>Web Uniform Resource Locators (URLs)</td>
</tr>
<tr>
<td>E-mail Address</td>
<td>Biometric Identifiers (finger, voice, retinal)</td>
</tr>
<tr>
<td>Fax Number</td>
<td>Certificate or License Number</td>
</tr>
<tr>
<td>Date of Birth, Date of Death</td>
<td>Device Identifiers and Serial Numbers</td>
</tr>
<tr>
<td>Account Number</td>
<td>Vehicle Identifiers and License Plate Number</td>
</tr>
<tr>
<td>Any other unique identifying number, characteristic, or code (note this does not mean the unique code assigned by the investigator to code the data)</td>
<td>Genetic Information</td>
</tr>
</tbody>
</table>
Where can PHI be Found?

You may come across PHI in many different places, even some that you may not even think about such as labels on prescription bottles, IV solutions and pathology slides. PHI must never be thrown in trash cans. If you find PHI in a trash can, promptly remove it, if safe to do so, or secure the trash can and notify your supervisor.

Listed below are examples of some places where PHI can be found:

<table>
<thead>
<tr>
<th>Electronic and hard copy medical records</th>
<th>Mailings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Immunization records</td>
<td>Computers</td>
</tr>
<tr>
<td>Billing statements</td>
<td>Portable electronic devices (e.g., USB/flash drive, Smartphone/PDA)</td>
</tr>
<tr>
<td>Faxes</td>
<td>Patient census and work assignment lists</td>
</tr>
<tr>
<td>Reports</td>
<td>Registration forms</td>
</tr>
<tr>
<td>E-mails</td>
<td>Routing slips</td>
</tr>
<tr>
<td>X-rays</td>
<td>Diagnostic material and equipment such as pathology slides and patient monitoring equipment</td>
</tr>
<tr>
<td>Prescription bottles</td>
<td></td>
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<tr>
<td>IV solutions</td>
<td></td>
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<tr>
<td>Diet menus</td>
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</table>

KEY COMPONENTS OF PATIENT INFORMATION PRIVACY LAWS

The key components that will be discussed in this study guide include:

- Patient Rights
- Use and Disclosure of Patient Information with and without Authorization or Opportunity to Object
- Access to PHI
- Minimum Necessary Requirements
- Safeguarding Confidential and Patient Information
- Training
- Privacy & Security Breach Reporting
- Disciplinary Action and Penalties
- DHS Policies
Patient Rights

Under HIPAA, patients have the right to:

Receive a copy of the Notice of Privacy Practices

The Notice of Privacy Practices (NPP) is a document that explains to patients how we may use their health information and to whom we may disclose their information. It describes patient rights regarding their information and how to file a complaint, and provides patients with contact information in case they require additional information.

DHS is required by law to offer patients a Notice of Privacy Practices (NPP) at their first visit to one of our healthcare facilities, and patients are requested to sign an acknowledgment that they received the NPP. This task is generally performed by Patient Financial Services (PFS) staff. If PFS is unable to obtain a signature from the patient (e.g., if first visit was an emergency situation) the reason for not getting the signature should be documented on the form and a signature should be obtained as soon as reasonably possible. Healthcare must never be withheld because the patient refuses to sign acknowledgment of the NPP.

All DHS workforce members involved in direct patient care or who have access to PHI are required to be familiar with the terms of the NPP, which is available from your facility Privacy Coordinator or on the DHS website at www.dhs.lacounty.gov.

Access, inspect and request copies of their PHI

With few exceptions, patients have the right to access, inspect and request copies of their PHI. Patients may request paper based or electronic copies of their health information. The Health Information Management (HIM) department in each facility is responsible for providing patients with access and/or copies of their records when the patient has provided written authorization. You must refer all patients requesting access to or copies of their health record to HIM.

Authorize use and disclosure of PHI and request restrictions

Patients may authorize in writing the use of their health information or the disclosure of their information to other persons. Patients also have the right to request restrictions on the use and disclosure of their health information. DHS generally does not have to agree to the restrictions if the use and disclosure does not violate HIPAA or HITECH privacy standards.

Patients have the right to restrict certain disclosures of PHI to a health plan concerning treatment or services for which the patient has paid out of pocket in full.

Parents generally have the right to access their minor child’s medical records except where specific State laws prohibit this right. Minors, 12 years of age and older, have the
right to certain healthcare services and tests without parental consent. Where State law allows minors to consent to treatment or services, parents do not have the right to access those medical records unless authorized by the minor. Refer to DHS Policy 314.1 which describes the specific services that a minor can legally consent to without the need of a parent or legal guardian.

Providers have the right to not disclose information to the parent or a patient’s personal representative if he or she believes in their professional judgment that the patient might be a victim of domestic violence, abuse, or neglect. Please note that mandated reporters are required by law to make a formal report of suspected abuse or neglect to appropriate authorities. Refer to DHS Policy 321.001 for further guidance on reporting suspected abuses.

**Request confidential communications of their PHI**

Patients may request that communications with them be conducted in a particular manner or location to ensure their privacy. For example, a patient may provide an alternative address or personal phone number to receive confidential communications. Such requests must be in writing and are usually granted, if reasonable.

**Request amendments or corrections to their healthcare records**

Patients may submit a written request asking to amend or make changes to their health records. You must refer the patient and forward any requests to the facility HIM department.

**Obtain an accounting of disclosures**

Patients may obtain an accounting of disclosures (e.g., a list showing when and to whom the patient's information has been legally shared without their prior authorization) from the facility HIM department.

**File a complaint**

Patients have the right to file a complaint regarding the use and disclosure of their PHI. All complaints must be promptly investigated. Patients may file a complaint at the facility with the patient advocate or the privacy or information security coordinator in accordance with facility policy and procedure. The patient may also file a complaint with any person or entity indicated in the NPP.
### Test your knowledge #2– Patient Rights

**Patients have the right to:**

a. Complain, amend, inspect, and discard their PHI  
b. Inspect and receive a copy of their PHI, request amendment and restrictions, obtain a list of disclosures, and file a complaint  
c. Refuse to sign, complain, inspect, destroy, and modify  
d. Privacy, request disclosures, amend, and destroy  

*Answer on page 37*

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**Use and Disclosure of Patient Information**

**Use:** Accessing or sharing PHI within our department.  
**Disclosure:** Releasing or sharing PHI outside of our department.

There are three types of uses and disclosures:

- Without patient authorization or opportunity to object.  
- With patient opportunity to agree or object.  
- With patient authorization.

**Use and Disclosure without Patient Authorization or Opportunity to Object**  
HIPAA permits the use and disclosure of patient information without prior patient authorization or an opportunity to object to:

- Provide treatment.  
- Administer healthcare payment activities.  
- Conduct healthcare operations.  
- Other limited and specified instances, such as reporting for public health purposes or when required by law.

**Treatment** includes activities such as providing healthcare services, ordering medications, and patient referrals.
**Healthcare Payment** includes activities such as billing, reimbursement for provision of care, collection activities, and other activities related to the reimbursement of providing healthcare.

**Healthcare operations** are administrative, financial, legal, and quality improvement activities needed to support business operations and maintain quality of care. Such activities include responding to subpoenas/court orders, auditing, and patient registration.

**Other limited and specified instances, such as reporting for public health purposes or when required by law** - HIPAA also allows the use and disclosure of patient information without patient authorization for other purposes such as State and Federal public health reporting requirements, mandated reports of child, elder, and dependent abuse, and in some instances, for judicial, law enforcement, and governmental oversight activities. Any associated release of patient medical records in these circumstances is the responsibility of the facility’s HIM staff, and you must refer all requests to HIM.

**Use and Disclosure with Patient Opportunity to Agree or Object**

HIPAA permits the following uses and disclosures of patient information when the patient is informed in advance of the use or disclosure and has an opportunity to agree or object:

- Listing patient name, room number, general condition, and religious affiliation in a facility directory.

- Providing patient religious affiliation (and other directory information) to clergy.

The patient must be given the opportunity to agree or object to certain uses or disclosures of their patient information. These uses or disclosures include providing the patient’s name, location, general condition, and religious affiliation to persons who request the patient by name or to clergy or listing this information in the facility directory.

**Disclosures to Family and Friends**

Licensed healthcare providers should use good professional judgment when disclosing information to a patient in the presence of a spouse, family members or friends. It is permissible to disclose health information to:

- Persons identified by a patient, patient’s care surrogate, or any other person authorized to make healthcare decisions on behalf of the patient.
• If the patient is present or otherwise available prior to the disclosure, and has the capacity to make healthcare decisions, the provider may discuss the information with family and others.

• If the patient agrees or, when given the opportunity, does not object.

Licensed healthcare providers can share the information if they can reasonably infer, based on professional judgment, that the patient does not object. Limit the shared information to relevant current information. Disclosed information should not contain past diagnoses or conditions not relevant to the current condition; share only what will help with the patient’s care and note it in the medical record.

NOTE: If the patient provides a verbal request to disclose or restrict information to certain individuals, note the request in the medical record. When in doubt, always ask the patient.

Use and Disclosure of Patient Information with Authorization

Uses or disclosures of patient information must have the patient’s authorization except:

• those related to treatment, payment, or healthcare operations, or
• that do not require the patient to agree or object, or
• are specifically allowed by law, such as a mandated report.

Valid written authorizations must be completed on the DHS “Authorization for Use and Disclosure of Protected Health Information” form. Refer to DHS Policy 361.4 for additional details on the use and completion of the authorization form.

<table>
<thead>
<tr>
<th>Test your knowledge #3 – Disclosure to Family Members, etc.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Picture this scene: A son is at his mother’s bedside. The doctor approaches the bedside.</td>
</tr>
<tr>
<td>The doctor says: “Ms. Jefferson, the results of your test indicate that your neurological problems are related to the progression of your HIV positive status.”</td>
</tr>
<tr>
<td>Did the doctor violate the patient’s privacy?</td>
</tr>
<tr>
<td>Answer on page 37</td>
</tr>
</tbody>
</table>

Photographing and Recording Patients

Written patient authorization must be obtained prior to taking photographs, video, or audio recordings of patients.

• Authorization must contain the specific reason and use and is only valid for that particular request.
• Only facility-owned cameras, memory cards and other equipment may be used.

• Use of your personal photography or recording equipment (including cellular telephones, smartphones, and other electronic devices) is prohibited.

• DHS Policy 304 provides guidelines for photographing and recording patients.

Incidental Disclosures

Sometimes PHI is disclosed as a by-product of doing business or certain business practices. Incidental disclosures occur when we call out a patient’s name in the waiting room or post the patient’s name on the wall or door outside their hospital room. These actions are permitted as long as they are a by-product of a permitted use or disclosure, such as for treatment or payment and reasonable steps are made to minimize the amount of information disclosed.

Disclosures to Media

Selling patient information to the media is prohibited and against the law. The media have many ways of gathering information, but it is generally illegal to provide patient information to them without the patient’s authorization. You should contact your facility Public Information Officer or the Privacy Coordinator any time the press or news media request information about a patient in one of our facilities.

Unauthorized Disclosure

PHI can only be disclosed to authorized individuals. For example, you may not disclose or provide patient information to:

• Workforce members who are not involved in the patient’s direct treatment or who are not part of the patient’s healthcare team.

• Third-parties not involved in treatment, payment or healthcare operations.

• Your family, friends, or coworkers.

You are only allowed to view, disclose, or access PHI of patients under your care or if you have been authorized to do so based on your job responsibilities. You may only disclose patient information to persons involved in the patient’s direct treatment or are members of their healthcare team. If your family member or a personal friend is admitted to the hospital, you do not have the right to view or disclose information about that individual. Do not access or view medical information of coworkers, nor provide information to coworkers upon their request. It is natural for family members and friends to be concerned about their loved one’s condition, but it is against the law to access those records without the patient’s authorization except as explained previously.
In addition, you should not access your own medical record but follow DHS policy in order to request access to your medical record.

Talk to your supervisor if you feel pressured to provide PHI to someone you feel is not authorized to receive it or if you have questions about the disclosure of information.

**Social Networking Sites**

Do not post information about patients or work-related issues on social networking sites such as Facebook, MySpace, Twitter, YouTube, etc. Although these sites can be accessed during your scheduled time off from your own personal computing device (e.g., computer, mobile phone, laptop, etc.), you should remember that due to the nature of your work and the type of business you work in, just small bits of information, put together, can reveal identifying information about patients and cause you to violate privacy laws.

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**Test your knowledge #4 – Social Network Sites**

**Scene:** A man is shot outside of the hospital and comes into the hospital for assistance. Hospital workers go home and talk about the incident on a social networking site.

Hospital worker: “Today was a bear. This guy came into our facility with a gunshot to the head. I don’t know how he was walking but he must have had a lot of adrenaline ‘cause he really tore up the place asking for help. I had to go downstairs to help clean up the mess.”

Friend 1: “That was the guy they showed on TV, right?”

Friend 2: “I saw him come in. He was scary. I was the one who called security.”

Friend 1: “They said his name was Harold something?”

Is this an appropriate conversation on a social networking site? Why or why not?

*Answer on page 37*

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**Access to PHI**

In order to access PHI, you must have a legal or business “need-to-know.”

Your job responsibilities determine how much access and the level of access you can have to patient information. Your supervisor will arrange for you to obtain access to systems and networks necessary for you to fulfill your job duties.
• If you acquire, view, use, or access, patient information not related to your job or inappropriately disclose patient information, you will be in violation of DHS policies, HIPAA, and/or State law and may be subject to disciplinary action, criminal and/or civil penalties, and/or imprisonment.

• If your job responsibilities require you to have a license, certification, registration, or permit, you may also be reported to the issuing agency or board and subject to additional disciplinary actions.

Minimum Necessary Requirements

• Under the HIPAA Privacy Rule, workforce members may only access the minimum information necessary to do their job. The purpose and the role of the individual requesting information will determine how much information is allowed to be disclosed.

  o Example: Elaine is the nurse assigned to care for Mr. Garcia; in order to make sure he is receiving the right treatment she needs to have access to his entire medical record. In contrast, Hector, is a registration clerk, he only needs the basic demographic information about the patient, not the treatment record.

• Minimum necessary applies to most uses and disclosures of PHI, but this standard does not apply to uses or disclosures related to direct treatment of the patient or to certain other specific requests.

All releases or disclosure to outside agencies, to the patient, or not required for treatment, payment, or healthcare operations must be done through the facility’s HIM department.

Inappropriate Access

• It is never acceptable for you to look at confidential or patient information “just out of curiosity,” even if no harm is intended.

• It does not matter whether the information pertains to a celebrity, political figure, or other “high profile” person, fellow workforce member, a close friend, family member, or yourself.

You must protect and keep private ALL patient information, no matter whose it is.

Just because you have access to a system or network or patient records, does not mean you have the right or authorization to access or view confidential or patient information that does not pertain to your job. All patient information is confidential and must be protected at all times.
Unauthorized Access

- Unauthorized access to networks or systems containing PHI or other confidential information includes:
  - Access without authorization.
  - Using someone else’s password and/or user ID.
  - Letting someone else log you into the network using their password.
  - Giving someone your password to log into the network.
  - Using your password to log someone else into the network.
  - Accessing information without a job-related “need-to-know.”

- You are responsible and will be held accountable for all access to networks or systems using your password.

- Be wise and only access systems and data as authorized.

<table>
<thead>
<tr>
<th>Test your Knowledge #5 – Inappropriate Access</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Scene:</strong> A workforce member is talking to her coworker.</td>
</tr>
<tr>
<td>Clerk: Guess who I just saw being treated in the clinic downstairs?</td>
</tr>
<tr>
<td>Coworker: Who?</td>
</tr>
<tr>
<td>Clerk: It was TH, the guy who works in information systems!</td>
</tr>
<tr>
<td>Coworker: I wonder what’s wrong with him?</td>
</tr>
<tr>
<td>Clerk: Let’s see if I can find him in the electronic health information system so we can find out. I’ll keep you posted!</td>
</tr>
<tr>
<td>Will the clerk violate the patient’s privacy?</td>
</tr>
</tbody>
</table>

*Answer on page 38*
You are required to review and comply with the relevant privacy and IT security policies, including:

- Acceptable Use Policy for County Information Technology Resources (DHS Policy 935.20)
- Safeguards for Protected Health Information (DHS Policy 361.23)

You are provided with these policies for acknowledgment during in-processing. These policies must also be reviewed each year as part of your Performance Evaluation. You are required to sign an agreement to abide by them.

Acceptable Use Policy

- The County’s information technology resources are the property of the County and are to be used for authorized business purposes only.
- You are responsible for protecting all information created using County resources and your access is a privilege that may be modified or revoked at any time for abuse or misuse.
- DHS may log, review, or monitor any data you have created, stored, accessed, sent, or received, and these activities may be subject to audit.

SAFEGUARDS

Safeguards are actions that are taken to protect confidential information from accidental or intentional unauthorized viewing, acquisition, access, use, or disclosure. They can include administrative, physical, and technological steps to reduce the risk of improper access, use, or disclosure of PHI.

Administrative Safeguards

Include the development of policies and procedures, providing privacy and security training, the development and implementation of a complaint and reporting process, and disciplinary actions for violations.
Physical Safeguards

Include securing buildings and equipment, as well as activities such as locking paper medical records in file cabinets or rooms, shredding paper records, and ensuring all exterior doors to buildings, other than designated entrances and exits are locked at all times.

Examples of Physical Safeguards:

- Placing computers, copiers, and fax machines so they cannot be accessed or viewed by unauthorized persons.
- Protecting computers and other electronic media and devices against theft or unauthorized access.
- Maintaining servers and mainframes in a secure area where physical access is controlled.
- Ensuring that all areas used to store PHI are properly secured and allow only authorized personnel to have access.
- Limiting physical access to view or retrieve medical records or other patient information to authorized users.
- Ensuring windows, all exterior doors, other than designated entrances and exits, and other building access points are secured or locked at all times.

Technical Safeguards

Protect PHI maintained in electronic form:

- Always lock (press Ctrl-Alt-Del and select “Lock Workstation”) or log off when you leave the computer even if it is for a short period of time.
- Require computers and other electronic devices to have a password-protected screen saver or other time-out feature.
- Use strong passwords with at least 8 characters, such as a combination of upper/lower case letters, numbers, and/or special characters.
- Keep computer passwords confidential, and do not leave them where they can be seen or accessed.
- Do not use your password to provide access to another user.
• Frequently change your password.

• Be aware of your departmental system downtime procedure, should any automated systems such as patient care or billing become unavailable.

• Laptops, thumbdrives, and other electronic devices containing PHI must be encrypted.

• Keep electronic records related to patients, such as lab reports, correspondence, and other patient or confidential information out of publicly accessible areas or any place where it might be thrown in the trash.

• Exercise caution when unauthorized persons are visiting or completing a temporary assignment in the workplace to protect PHI from inadvertently being viewed. Use caution to avoid inadvertently allowing access or viewing to individuals who do not have a business need to know.

---

### Test your knowledge #6 - Physical Safeguards

Part of your assignment requires you to deliver patient charts to buildings on the campus that are located outside the clinic. The entrance to one of the buildings is located just outside the door which is an emergency exit and is locked at all times.

To avoid having to walk through the clinic to the designated exit and then back around the building, you decide to use the emergency door. Since the door is kept locked, you put a wedge in the door to keep it open so you can get back in after you’ve made your delivery.

Is this ok? Why or why not?

*Answer on page 38*

---

### Test your knowledge #7 – Technical Safeguards

**Scene: A workforce member is talking to a coworker**

WFM: Hi Jim, I’ve been calling Information Systems to reactivate my account but they’re so busy they can’t get to me for another few days. Will you log in for me with your user name and password so I can get this high-priority assignment done?

Coworker: Sure, let me do that for you right now. Just make sure to log off when you’re done with your assignment.

What is wrong with this scenario?

*Answer on page 38*
POLICIES FOR SAFEGUARDING PHI

Safeguarding confidential or patient information is your responsibility. The policies described below must be followed to help safeguard confidential and patient information.

Faxing PHI

- If you need to fax confidential or patient information, you must indicate on the fax that it is confidential (Use the fax cover sheet established by your facility.).

- Call and advise the receiving party when the fax is ready to send and ask the individual to confirm receipt.

- Use pre-programmed fax numbers as much as possible.

- If the fax is sent to the wrong person by mistake, immediately inform your supervisor.

- Misdirected faxes sent outside the facility must be investigated and reported to the facility Privacy Coordinator.

If you receive a misdirected fax indicating it contains confidential information, do not read through it. Contact the sender and advise that you received the fax in error and destroy the information.

E-mailing Patient, Confidential, or Sensitive Information

All e-mail communications containing patient, confidential, and/or sensitive information to someone outside of the County’s e-mail system must be encrypted to comply with State and federal privacy laws and DHS policies. E-mail addresses outside of the County’s e-mail system that do not end with ".lacounty.gov." as for example: @dpss.lacounty.gov, @dmh.lacounty.gov, @ph.lacounty.gov, etc.

- There must be a business need.

- You must have specific authorization from your supervisor to send encrypted e-mails containing patient, confidential, and/or sensitive information.

- Once you are authorized by your supervisor, you must contact your local IT Help Desk to be added to the e-mail encryption solution group. Must comply with the Minimum Necessary Requirements.
• Send the recipient an un-encrypted e-mail notifying them they will be receiving an encrypted e-mail and instructions on how to open it.

• Once you have been authorized and added to the e-mail encryption solution group, then you will have the ability to send a secure e-mail. You must add the word “Secure” in square brackets [Secure] in the subject line of the e-mail.

Incoming e-mail containing ePHI, confidential, or sensitive information must be kept secure.

E-mail must not be used for urgent communications; it may be used as follow-up after a phone call to document the discussion.

**Safeguarding in Public Areas**

Exercise care when discussing or providing patient information:

• Use lowered voices.

• Do not talk about patient care in public areas like elevators, the cafeteria, or public transportation.

• In joint treatment areas, be mindful of what you say even when the curtain is closed.

• Be careful when leaving a voice mail message.

• On public transportation, make sure you use a security screen on your laptop, and keep paper materials out of public view.
Test your knowledge #8 – Safeguarding PHI

Three patients are in a joint treatment area of an emergency room, each in bed and separated by partially drawn curtains. A physician enters the room with a medical chart.

Doctor: Ms. Johnson?

Patient in middle bed: Yes, that’s me.

Doctor (in a normal speaking voice, with curtains open): Ms. Johnson, your lab results have come back and you have been diagnosed with cirrhosis of the liver.

Ms. Johnson: Oh my gosh, what does this mean?

Doctor: Well Ms. Johnson, this means that you have a scarred liver as a result of your chronic alcoholism.

Question: Name four actions that can be done to comply with the HIPAA Privacy Rule and protect the patient’s privacy?

Answer on page 38

Test your knowledge #9 – Leaving phone messages

1. Nurse: Good Afternoon, this is Walter from the Oncology Department at Franklin Hospital, calling to remind you of your cancer screening follow-up appointment for Wednesday, August 16 at 9:00 a.m. Please call me at 505-555-1216, if you need to reschedule.

2. Nurse: Hello, this is Connie from Franklin Hospital, calling to remind you of your appointment on Thursday, July 14th at 3:00 p.m. Please call 505-555-1216, if you need to re-schedule.

Did the nurses leave appropriate phone messages?

Answer on page 38
Storing and Saving ePHI

All portable devices (e.g. laptops, USB thumb drives, external hard drives, etc.), whether or not the devices are owned or provided by the County, used for County business and/or contain patient, confidential, or sensitive information must be encrypted.

Laptops:

An encrypted laptop can be identified visually by:

- A red sticker with the word “Encrypted” tagged on the upper right-hand corner of the laptop lid.
- A grayed-out “P” in the bottom right corner of the screen if you are running Windows XP or a yellow padlock if you are running Windows 7.
- You must contact your local IT Help Desk for encryption support if you are unable to identify and/or confirm that the laptop is encrypted.

Portable USB Storage Devices (thumbdrives)

- Use of portable USB storage devices is limited to authorized individuals.
- The device must be encrypted if storing PHI. Password protecting a file or thumbdrive DOES NOT meet the encryption requirement.

Computer Security

Do not store or save patient information on the computer’s hard drive or on a removable drive. All patient information must be stored or saved on the network drives.

You must log off or lock any computer system/terminal when you leave the computer station or after you have obtained the necessary data.

- To log off, press Ctrl-Alt-Del and select “Log Off.”
- To lock, press Ctrl-Alt-Del and select “Lock Workstation.”
Destroying PHI

Properly dispose of patient information. Shred hardcopy documents that contain PHI or place them in a locked shredder bin. NEVER throw PHI in the trash, recycle or use it for scratch paper.

If you discover PHI that has not been disposed of properly, such as thrown in a trash can, remove it from the trash can, if safe to do so, or secure the trash can and immediately notify your supervisor.

Contact your IT/Help Desk to appropriately destroy ePHI located on electronic media (e.g., CD’s, USB thumb drives, hard drives, etc.).

Remember

- Do not leave confidential or patient information unattended or in a place where others can see it.

- Avoid using sticky notes, scratch paper, notebooks, etc. to record patient information; if you must temporarily record information in this manner, promptly and properly destroy the information.

- Use of patient whiteboards must be restricted to areas where the information cannot be seen by unauthorized persons.

- Patient sign-in sheets should only contain limited information such as name, date, and time. They should not contain the reason for the visit.

- Fax machines should be in secure areas.

- Contact the facility HIM department for release of patient information to the patient and to outside agencies, including law enforcement.

- If you see or hear about a violation of patient confidentiality, it is your responsibility to report it.
PRIVACY AND SECURITY BREACH REPORTING

Privacy breach and/or security breach is the term we use for the attempted or successful unauthorized viewing, access, use, disclosure, or destruction of patient information. This term includes a variety of activities prohibited under State and Federal law.

California law prohibits the unauthorized access to, and use and disclosure of, a patient’s medical information. Inappropriately accessing and viewing such information without a direct “need to know” that information is a violation of this law.

For example, if a workforce member peeks at a patient’s medical record for the sake of curiosity, it is reportable to the State even if the information was not shared with another person or there was no proof of patient harm. State law requires notification of all breaches within five (5) business days to the patient and the California Department of Public Health.

The HIPAA Omnibus Rule defines a breach of unsecured PHI as the unauthorized acquisition, access, use or disclosure of PHI which compromises the security or privacy of the PHI. The Rule requires us to notify the U.S. Department of Health and Human Services regarding a breach of unsecured PHI unless we can demonstrate that there is a low probability that the PHI has been compromised. To demonstrate that there is a low probability that a breach compromised PHI, DHS or the involved business associate must perform a risk assessment that addresses at minimum the following factors:

- The nature and extent of the protected health information involved, including the types of identifiers and the likelihood of re-identification.
- The unauthorized person who used the protected health information or to whom the disclosure was made.
- Whether the protected health information was actually acquired or viewed.
- The extent to which the risk to the protected health information has been mitigated.

If a breach has occurred, the person whose information was breached must be notified. Also, if the breach involves 500 or more individuals, not only does the breach need to be reported to the U.S. Department of Health and Human Services but also broadcast in a popular news outlet. In some cases, notification of the breach will also be posted on the DHS and facility websites.
HIPAA also refers to computer **security incidents**. A computer security incident is the attempted or successful unauthorized viewing, access, use, disclosure, or destruction of information. Examples of security incidents include looking at files without a business need, using someone else’s password, providing your password to someone else, using your password to log into a system for someone, sharing confidential information without authorization, and deliberately misplacing files. Security incidents also include interference with information system operations, such as hacking into electronic systems, computer theft, or unauthorized alteration or destruction of electronic information/equipment. Security incidents include many incidents that do not rise to the level of being a breach.

<table>
<thead>
<tr>
<th>Test your knowledge #10 – Security Breaches</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elizabeth, an employee, heard that her granddaughter was a patient at the hospital and decided to look her up in the clinical information system.</td>
</tr>
<tr>
<td>Is this a reportable incident?</td>
</tr>
<tr>
<td><em>Answer on page 38</em></td>
</tr>
</tbody>
</table>

**Reporting Privacy and/or Security Breaches**

Any and all suspected and actual privacy breaches and/or security breaches must be immediately reported to your supervisor, facility Privacy Coordinator, and/or facility Help Desk.

- It is your responsibility to report any activity that appears to violate privacy or security laws, rules, regulations, or policies.
- There will be no retaliation if you report a suspected or actual violation in good faith.
- Any workforce member who knowingly makes a false accusation may be subject to discipline.
- Reporting a violation does not protect you from appropriate disciplinary action regarding your own misconduct.
- Failure to report a violation may subject you to disciplinary action as well as possible civil and/or criminal penalties.
You may also make a report or refer privacy related questions to your facility Privacy Coordinator or:

DHS Compliance Hotline: 800-711-5366

Los Angeles County Fraud Hotline: 800-544-6861

Security related questions may be reported to:

DHS IT Security Compliance Division at SecurityCompliance@dhs.lacounty.gov

<table>
<thead>
<tr>
<th>Test your knowledge #11 – Computer Incident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michael, an admitting clerk, was showing his friend Hector, a nurse from the cardiac unit, how the electronic medical record system at his hospital worked. While looking at a patient record, he hit a wrong key and accidentally deleted the record from the system.</td>
</tr>
</tbody>
</table>

Is this a reportable security incident?

*Answer on page 39*
DISCIPLINARY ACTIONS AND PENALTIES

Remember, YOU are responsible and will be held accountable for the privacy and security of confidential or patient information that you acquire, view, access, use, disclose, maintain, or transmit.

Disciplinary Actions

Disciplinary action, up to and including discharge, will be imposed for violation of DHS policies and procedures, Federal and/or State laws regarding privacy of information.

Disciplinary actions are progressive and commensurate with the severity, frequency, and intent of the violation(s). DHS applies disciplinary actions equitably without regard to role or position.

Civil and Criminal Penalties

Violations may not only result in disciplinary action, but could result in civil and/or criminal penalties against and/or prosecution of the workforce member.

State Attorneys General also may bring a civil action on behalf of residents of a state for HIPAA violations.

**HIPAA Civil and Criminal Penalties**

**Civil Penalties**

Civil penalties can be imposed on facilities for various degrees of HIPAA violations.

<table>
<thead>
<tr>
<th>Type of Offense</th>
<th>Penalty (per violation)</th>
<th>Annual Penalty Cap for Identical Violations</th>
</tr>
</thead>
<tbody>
<tr>
<td>No actual knowledge of violation (and exercised reasonable diligence)</td>
<td>$100 - $50,000</td>
<td>$1.5 million</td>
</tr>
<tr>
<td>Violation due to reasonable cause</td>
<td>$1,000 - $50,000</td>
<td>$1.5 million</td>
</tr>
<tr>
<td>Willful neglect with correction</td>
<td>$10,000 - $50,000</td>
<td>$1.5 million</td>
</tr>
<tr>
<td>Willful neglect without correction</td>
<td>$50,000 (or more)</td>
<td>$1.5 million</td>
</tr>
</tbody>
</table>
Criminal Penalties

Individuals can be fined and imprisoned for various degrees of HIPAA violations.

- Intentional inappropriate use: up to $50,000 and/or up to 1 year in prison
- Under false pretenses: up to $100,000 and/or up to 5 years in prison
- Malicious harm/commercial or personal gain: up to $250,000 and/or up to 10 years in prison

Any person, not just employees, who accesses, obtains, or discloses patient information without authorization can be imprisoned for up to ten years and fined up to $250,000.

State Civil and Criminal Penalties

Facilities may be fined:
Up to $25,000 per patient and up to $17,500 per subsequent breach of the same patient medical record, plus $100 for each day that the violation is not reported, up to a combined total of $250,000.

Individual providers and workforce members may be fined or assessed penalties as shown in the table:

<table>
<thead>
<tr>
<th>Type of Offense</th>
<th>Penalty per violation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Negligent disclosure</td>
<td>Up to $2,500</td>
</tr>
<tr>
<td>Knowing and willful access, disclosure and use</td>
<td>Up to $25,000</td>
</tr>
<tr>
<td>Knowing and willful access and use for financial gain</td>
<td>Up to $250,000</td>
</tr>
<tr>
<td>Anyone not permitted to receive medical information who knowing and willfully obtains, discloses or uses it without patient authorization</td>
<td>Up to $250,000</td>
</tr>
</tbody>
</table>
CONSEQUENCES FOR POOR JUDGMENT

Every day there are instances of healthcare facilities and employees who are investigated or convicted of inappropriately accessing or disclosing patient information. A few instances in our own backyard include:

“Octomom” and Kaiser Permanente
Hospital was fined $487,000.
Employees were investigated and terminated, and they may be individually prosecuted or fined.

UCLA Medical Center
California privacy laws were strengthened as a result of the UCLA incident in which an employee disclosed information regarding its famous patients to the media. UCLA agreed to pay a $865,000 fine for the breach. Also, in another case, a former UCLA physician became the first person in California to be indicted and sentenced to four (4) months in prison and fined $2,000 for just snooping into a patient record.

In each of these cases, employees inappropriately accessed a high profile patient’s health information, and, in some cases, disclosed and/or sold the information to the media.
CONCLUSION

Protecting patient information is an individual and collective responsibility!

Ask yourself these questions:

- Do I have access to confidential and/or patient information?
- Do I work in an area where confidential or patient information can be viewed by unauthorized individuals?
- What can I do to ensure that I am consistently taking personal responsibility for protecting confidential and patient information?

You must:

- Think about protecting patient information at all times.
- Keep passwords in a safe place and don’t share them or sign someone on the network/computer using your password.
- Obtain authorization to send e-mail containing PHI and ensure such e-mails are encrypted.
- Obtain permission to use external drives such as thumbdrives to store PHI. Thumbdrives, laptops, computers and other electronic equipment must be encrypted. (Remember, simply using a password DOES NOT meet the encryption requirement.)
- Make sure information you discuss at home and on social media websites do not present a confidentiality or privacy concern to our workplace or for the patients we serve.
- Refer requests for patient medical information to the facility HIM department.
- Report anything that you see or hear that may be a violation of patient information privacy. Report IT! It’s Your Responsibility.

If you have any questions regarding the privacy or security of patient information, ask your supervisor or facility Privacy or Information Security Coordinators.
TEST YOUR KNOWLEDGE ANSWERS

Test your Knowledge #1
Answer:
a

Test your Knowledge#2
Answer:
b

Test your Knowledge #3
Answer:
It depends on whether the doctor:

1) Knows the person is involved in the patient’s care or is familiar with the relationship;
2) Has given the patient an opportunity to object, and the patient did not; or
3) Has the patient's permission.

Providers should exercise good professional judgment when disclosing patient information in the presence of the patient’s family members, spouse, or friends. If in doubt, the provider should ask the patient prior to disclosing the information.

Test your Knowledge #4
Answer:
No, this is not an appropriate conversation to have on a social networking site. Although workforce members should feel free to engage in conversations on social networking sites at home, they should not discuss events or information involving patients or patient information on those sites. Disclosure of patient information may result in:

- Damage to the patient’s reputation and/or finances
- Severe liability penalties and fines for the department
- Criminal/civil penalties and fines for the workforce member, including jail time
- Disciplinary actions against a workforce member’s license, certification, registration, permit
- Disciplinary action against the workforce member, including discharge or termination
Test your Knowledge #5
Answer:
Yes. Because she does not have a direct treatment relationship with the patient and she does not have a legal right to know, she has no authority to access the patient’s PHI.

Test your Knowledge #6
Answer:
This action is a security violation because propping a door open can potentially leave medical records and computer equipment susceptible to unauthorized access and environmental hazards, such as fire.

Test your Knowledge #7
Answer:
While the dedication to work shown by the workforce member deserves praise, logging onto a computer for someone else is the same as sharing a password, which is in violation of the County’s HIPAA and Acceptable Use Policies. The workforce member should notify his/her supervisor, who should contact the local IT help desk to resolve the issue.

Test your Knowledge #8
Answer:
1. Close curtain  
2. Speak in lowered voice  
3. Check ID wrist band to verify identity  
4. Minimize use of patient name whenever possible

Test your Knowledge #9
Answer:
No, Walter provided more than the minimum necessary information on the phone, such as specific unit of the hospital or clinic and the purpose of the visit. In the second message, Connie left an appropriate message.

Test your Knowledge #10
Answer:
Yes. Even if she looked at the medical record just for the sake of curiosity, or out of concern, this action would be reportable to the State and the patient, even if the information was not shared with another person, or there was no proof of patient harm.
Test your Knowledge #11

Answer:

Yes, for the following reasons:

- Michael had no business reason to look at the patient’s record;
- Showing Hector the record was wrong because he has no business reason to see the information;
- The activity is considered an unauthorized use of patient information; and
- Michael mistakenly deleted PHI from the medical record system.
Special thanks to the following individuals for their resilient dedication and support in the development of the on-line training and this handbook:

<table>
<thead>
<tr>
<th>Name</th>
<th>Department</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jennifer Papp. R.D.</td>
<td>Privacy Office, DHS</td>
</tr>
<tr>
<td>Brenda Booth-West</td>
<td>Privacy Office, DHS</td>
</tr>
<tr>
<td>Latonya Calloway</td>
<td>Human Resources, DHS</td>
</tr>
<tr>
<td>Sally Foong</td>
<td>Information Systems, DHS</td>
</tr>
<tr>
<td>Susan Perez-Amador</td>
<td>Organizational Development and Training, DPH</td>
</tr>
<tr>
<td>Talib Hasan</td>
<td>MLK, Jr. Multi-Service Ambulatory Care Center</td>
</tr>
<tr>
<td>Betsy Swanson-Hollinger</td>
<td>Organizational Development and Training, DPH</td>
</tr>
<tr>
<td>Azar Kattan</td>
<td>Olive View Medical Center</td>
</tr>
<tr>
<td>Alma Smith, R.H.I.T.</td>
<td>Harbor-UCLA Medical Center</td>
</tr>
<tr>
<td>Raub Mathias</td>
<td>Office of Managed Care</td>
</tr>
</tbody>
</table>
PRIVACY & SECURITY SURVIVAL TRAINING: PROTECTING PATIENT INFORMATION
ASSESSMENT QUESTIONS

1. As a workforce member of this facility, you may access a patient’s protected health information:

   a. whenever you want to do so
   b. if your co-worker or supervisor asks you to do so
   c. only if your job duties require you to do so
   d. in an emergency even if you’re not authorized

2. It is your responsibility to immediately report any suspected privacy or security breach, such as any theft of computer equipment or unauthorized or inappropriate access, use, disclosure, or destruction of patient or confidential information:

   a. True
   b. False

3. Patient or confidential information should not be viewed, accessed, or disclosed without a need to know. Which of the following forms of confidential information would be protected under HIPAA?

   a. A paper-to-paper fax
   b. Verbal conversations
   c. Information written solely on paper
   d. All of the above

4. You only need to contact your facility Information Technology Help Desk to obtain authorization to e-mail PHI.

   a. True
   b. False

5. If you are only going to be away from your desk for a few minutes you do not need to lock or log off your workstation.

   a. True
   b. False
6. Jason’s supervisor wants access to his computer when he is away from the office. The supervisor has a right to know his username and password.

   a. True
   b. False

7. DHS may log, review, or monitor any data you have created, stored, sent, or received using County Information Systems (e.g., computer, laptop, etc.).

   a. True
   b. False

8. What is the Notice of Privacy Practices (NPP)?

   a. It is a tool to enable patients to express their concerns about misuse of PHI
   b. It informs the patient of services the facility does not provide
   c. It is a tool that allows patients to select the type of information that they would like to have sent back to their provider
   d. It describes patient rights and the provider’s responsibilities regarding PHI

9. Which of the following are authorized to release patient information when requested by a patient, law enforcement, etc.?

   a. Physicians
   b. Nursing staff
   c. Health Information Management staff
   d. Employee Health Services staff

10. A password on a portable storage device is sufficient to protect PHI in case of loss or theft of the device.

   a. True
   b. False

11. Which of the following disclosures of PHI is *not* a privacy breach and/or security breach?

   a. Mary has access to the patient information system and decides to check her health records to see what is in it
   b. Walter works in HIM and provided a patient’s medical information to the United States Department of Health and Human Services
   c. Janice, a law enforcement officer, is friends with the hospital receptionist and asks her to look up her ex-husband’s records to check which medicines were prescribed at his last visit
   d. All are allowable under HIPAA
12. Mary has been out sick. Her supervisor finds out from their Human Resources Return-to-Work Unit that Mary has cancer, and tells Mary’s coworkers about it. It is okay for Mary’s supervisor to let her coworkers know about Mary’s cancer since the coworkers all care about her well-being.

   a. True
   b. False

13. You may be subject to fines and penalties under State and federal laws and/or disciplinary action if you fail to comply with patient privacy laws or County, DHS, or facility policies and procedures.

   a. True
   b. False

14. If the State determines you have violated the State privacy laws, they may report you to the appropriate licensing, registration, certification, or permit board/agency for possible disciplinary action.

   a. True
   b. False

15. A patient or individual can report a suspected privacy or security breach to the following entities:

   a. Supervisor
   b. Facility Privacy Coordinator or Information Security Coordinator
   c. County Fraud Hotline
   d. DHS Compliance Hotline
   e. Any of the above

16. There will be no retaliation against a workforce member who, in good faith, reports any actual or suspected privacy breaches or HIPAA violation

   a. True
   b. False

17. In addition to medical records, PHI may be found in written communications, electronic forms, verbal conversations, e-mails and memos, IV and medication labels, X-rays, monitors, EKGs, etc. and must be protected.

   a. True
   b. False
18. While working the 9pm – 6am shift at the hospital, you see some patient information in a trash can. What should you do?

   a. Remove it from the trash can, if safe to do so, and take it to the shredder bin.
   b. Remove it from the trash can, if safe to do so, or secure the trash can and immediately notify your supervisor.
   c. Immediately report it to the facility Chief Financial Officer
   d. Call the toll-free hotline and report it

19. An employee mistakenly receives a fax containing PHI from an outside healthcare agency. What should the employee do?

   a. Contact the person on the cover sheet
   b. Throw the FAX in the shredder bin
   c. Contact the facility Privacy Officer
   d. All of the above

20. When you have a patient’s prior written permission to videotape them, it is permissible to use your own video camera.

   a. True
   b. False
PRIVACY & SECURITY SURVIVAL TRAINING: PROTECTING PATIENT INFORMATION

ANSWER SHEET AND PROOF OF COMPLETION

Instructions: Please circle the correct letter corresponding with the questions in the study guide. You must score 20 correct to receive credit for Mandatory Training.

1. A B C D E  
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PLEASE PRINT LEGIBLY

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WORKFORCE MEMBER SIGNATURE

DATE

☐ Check here if non-DHS/non-County Workforce Member

SCHOOL/EMPLOYER NAME

PHONE NO.

I attest I have read the Privacy & Security Survival Training: Protecting Patient Information Study Guide and am familiar with the contents and will abide by the guidelines set forth.

If I have any questions or concerns, I will talk to my supervisor or the facility Privacy or Information Security Coordinator.

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Distribution: Original - Area File   Copy - Facility Human Resources
Purpose:
The purpose of this policy is to express the position of the Los Angeles County Department of Health Services (DHS) related to the unauthorized acquisition, viewing, access, use and/or disclosure of Protected Health Information under the Privacy Standards of the Health Insurance Portability and Accountability Act of 1996, 45 C.F.R. Parts 160 and 164 (“HIPAA Privacy Standards”), and the Los Angeles County and DHS policies and procedures which implement HIPAA (“HIPAA Implementing Policies and Procedures.”)

Definition(s):
Protected Health Information (PHI) means individually identifiable information relating to past, present or future physical or mental health or condition of an individual, provision of health care to an individual, or the past, present, or future payment for health care provided to an individual.

Workforce or Workforce Member includes employees, contract staff, affiliates, volunteers, trainees, students, and other person whose conduct in the performance of work for DHS, is under its direct control, whether or not they receive compensation from the County.

Policy:
Workforce members who violate the Department’s privacy policies and procedures will be subject to the appropriate disciplinary action. Each DHS facility is required to investigate failures to comply with policies related to PHI privacy, confidentiality, and security, and must impose appropriate disciplinary actions where indicated in consultation with the Department’s Performance Management Unit and in accordance with the DHS Discipline Manual & Guidelines (DMG).

The mission of the Los Angeles County Department of Health Services is to ensure access to high-quality, patient-centered, cost-effective health care to Los Angeles County residents through direct services at DHS facilities and through collaboration with community and university partners.

Revision/Review Dates: 12/2008 06/01/2012 04/10/2023
Department Head/Designee Approval:
Disciplinary actions may vary based on the facts and circumstances of the violation, are progressive and commensurate with the severity, frequency, and nature of the violation. DHS applies disciplinary action equitably without regard to job classification, role or position.

Substantiated unauthorized acquisition, viewing, access, use, and/or disclosure of protected health information, or the failure to maintain and safeguard PHI is subject to disciplinary action, including, but not limited to, verbal and written counseling, written warning, written reprimand, suspension, and discharge, in accordance with the provision of Los Angeles County Civil Service rules, DHS DMGs, and DHS Policy No. 747, “Disciplinary Action.”

Disciplinary action will not be applied to a workforce member who discloses protected health information (PHI) to a health oversight agency or an attorney while in the process of reporting either an allegation of unlawful conduct by the entity, a violation of professional or clinical standards, or conditions in the entity that endanger patients (whistleblower). Additionally, disciplinary action will not be applied for filing complaints, testifying, participation in investigations, compliance reviews, proceedings or hearings, or for opposing real or perceived unlawful acts or practices that violate patient medical information privacy and security laws, regulations, and DHS policies provided the report is made in good faith.

REFERENCE(S)/AUTHORITY:

45 Code of Federal Regulations §§ 160.103, 164.530
Los Angeles County Civil Service Rules
DHS Discipline Manual and Guidelines
DHS Policy No. 747, Disciplinary Action
DHS Discipline Manual and Guidelines
DHS Code of Conduct
Los Angeles County Department of Health Services

Policy & Procedure Title: Reporting Privacy-Related Complaints and/or Alleged Violations or Breaches of Restricted Information

Category: 300-399 Operation Policy
Policy No.: 361.111

Originally Issued: 10/1/2014
Update (U)/Revised (R): 01/13/2023

DHS Division/Unit of Origin: Audit & Compliance Division – Privacy Compliance Unit

Policy Contact – Employee Name, Title and DHS Division:
Jennifer Papp, DHS Privacy Officer, Audit & Compliance

Contact Phone Number(s): (213) 288-7730

Distribution: DHS-wide
If not DHS-wide, other distribution:

PURPOSE:

The purpose of this policy is to specify the requirements for workforce member reports of suspected or actual privacy- and/or information security-related complaints, violations or breaches in accordance with State and federal patient privacy laws (e.g., Health Insurance Portability and Accountability Act (HIPAA)) and/or Department of Health Services (DHS) policies.

DEFINITION(S):

Breach means an unlawful or unauthorized acquisition, access, use, or disclosure of protected health information and/or a specific patient’s medical information, in any form (verbal, paper or electronic).

Some examples of a breach may include:

- Verbally disclosing a patient’s sensitive diagnosis in the presence of friends and/or family without the patient’s authorization;
- Patient documents stolen or lost while working in the field, or inappropriately discarded;
- Accessing the electronic health record of a patient without a legitimate business need;
- Theft or loss of an unencrypted desktop computer, laptop, USB, computer or other computing device.

Complainant means an individual who reports a privacy related complaint to DHS or a DHS facility or program.

Complaint Handling Process means DHS’ or the DHS facility’s internal process to resolve
complaints related to privacy.

**County Information Technology Resources/Assets** (for purposes of this policy) include, but are not limited to, computer equipment (e.g., workstations, servers, laptops or other portable computing devices such as tablets, cellular phones, digital cameras, audio/video recorders); peripherals such as scanners, printers and facsimile; storage devices (e.g., USB/thumb-drives, DVDs, CDs, backup tapes, memory cards), on premise and cloud-based application software (e.g., ORCHID, Patient Portal, Outlook email, databases and other software which contains employee health, patient, billing and/or confidential information), medical devices, and other networked devices.

**Detected/Discovered:** A breach shall be treated as detected or discovered by DHS as the “first day” the breach is known to DHS, or by exercising due diligence should have known a breach occurred.

**Disclosure** means, with respect to “Restricted Information”, the release, transfer, provision of access to, or divulging in any other manner from DHS to any party other than a member of its workforce.

**Facility Privacy Manager** means the DHS workforce member responsible for directing the facility’s privacy compliance program.

**Facility Compliant Coordinator** means the DHS workforce member responsible for processing complaints.

**Personal Information (PI)** (for purposes of this policy) is information that can be used to distinguish or trace an individual's identity when combined with other personal or identifying information. As defined by California Civil Code §1798, it means an individual's first name or first initial and their last name in combination with any one or more of the following data elements, when either the name or the data elements are not encrypted or redacted:

a. Social security number.
b. Driver's license number or California identification card
c. Account number, credit or debit card number, in combination with any required security code, access code, or password that would permit access to an individual's financial account.
d. Medical information: information regarding an individual's medical history, mental or physical condition, or medical treatment or diagnosis by a health care professional.
e. Health insurance information: means an individual's health insurance policy number or subscriber, identification number, any unique identifier used by a health insurer, to identify the individual, or any information in an individual's, application and claims history, including any appeals records.

**Reportable Privacy Event** means events of suspected, alleged, or actual privacy violations and/or complaints reportable to the FPM, which may include, but are not limited to:
a. Potential violation of, or disagreement with, DHS' privacy or security policies and procedures;
b. Suspected inappropriate access, acquisition, view, or unauthorized use, disclosure, or disposal of PHI;
c. Denial of access to PHI;
d. Denial of amendment to PHI;
e. Retaliatory or intimidating actions;
f. Other - Any other non-compliance with the requirements of the DHS relevant policies and/or HIPAA/State privacy laws, including, but not limited to, criminal case, theft, loss, etc.; and/or

g. Security - Any other non-compliance with the security requirements of HIPAA/State privacy laws, including, but not limited to, hacking, phishing, etc.

**Privacy Incident** means a substantiated allegation or breach which violates State and/or federal privacy laws.

**Protected Health Information (PHI):** (for purposes of this policy) means individually identifiable information, in any format, related to an individual's health status, provision of health care, or payment for health care, created, used, collected, transmitted or stored by DHS or its Business Associates.

Some examples of PHI which can be used alone or in combination with other information that identifies the individual (or for which there is a reasonable basis for believing that the information can be used to identify the individual) may include, but are not limited to, patient's name, address, phone number, medical record number, health insurance account number, social security number, full face photograph, etc.

**Electronic Protected Health Information** or **"ePHI"** is PHI that is transmitted by electronic media (e.g. email, text, IM) or is maintained in electronic media (e.g. ORCHID, databases, computers, laptops, phones, USB/thumb-drives, CDs, memory cards, back-up tapes).

**Information Security incident** means the attempted or successful unauthorized access, use, disclosure, modification, or destruction of information or interference with system operations in an information system. Some examples of an information security incident may include:

- A hacker/threat actor accesses DHS email account(s) through a phishing attack
- A workforce member accesses a website which downloads malware on their workstation or laptop
- A workforce member emails unencrypted patient information outside of the County

**Restricted Information** collectively includes any information or data, in any form, which is protected by law, regulation, or DHS Policy, which carries significant risk from unauthorized access and/or requires the highest level of security protection. This includes any confidential, "Personal Information", "PHI/ePHI", or other data identified by DHS as requiring a higher level of protection and security controls.
Workforce or Workforce Members means employees, contract staff, affiliates, volunteers, trainees, students, and other persons whose conduct, in the performance of work for DHS, is under its direct control, whether or not they receive compensation from the County.

POLICY:

Any DHS workforce member (WFM) who becomes aware of a potential, suspected, or actual privacy breach of PI/PHI/ePHI, privacy-related complaint, or violation of DHS Privacy and/or Information Security policies shall make an immediate report (meaning without delay or by the end of their work shift).

- Privacy-related reports shall be entered into the SI System and routed to the FPM for investigation.
- Information Security incidents shall be reported to the Enterprise Help Desk at 323-409-8000 or by email to ehs@dhs.lacounty.gov.

In accordance with DHS Policy 361.13, Non-Retaliation, DHS will not retaliate against anyone who files a complaint or reports a potential, suspected, or actual privacy or information security breach of protected health information. However, any WFM who deliberately makes a false accusation will be subject to discipline. Moreover, reporting a violation does not protect individuals from appropriate disciplinary action regarding their own misconduct.

A WFM who discloses patient information in accordance with DHS Policy 361.25, Disclosures of Patient Health Information (PHI) by Whistleblowers and Workforce Crime Victims, will not be considered to have violated the HIPAA Privacy Regulations.

A WFM who fails to report a breach will be subject to appropriate disciplinary/corrective action, up to and including discharge or termination of assignment for violation of DHS policy/procedure and State and federal laws regarding patient privacy.

PROCEDURE:

I. Upon becoming aware of a potential, suspected, or actual privacy violations, breaches and/or privacy-related complaints, the WFM shall enter the event into the Safety Intelligence (SI) or notify their supervisor, their Facility Privacy Manager (FPM), and/or their facility Departmental Information Security Coordinator (DiSO) of a complaint or incident. If the report is made verbally or in writing to the supervisor, the supervisor shall 1) immediately report the incident to the FPM and/or the DiSO by telephone or e-mail; and 2) enter the incident into the Safety Intelligence (SI) system. If the report was made to the FPM, or the workforce member and/or the supervisor does not have access to the SI system, the FPM will enter the incident into the SI system.

II. All privacy-related SI events will be routed to the appropriate FPM who will conduct the investigation and complete DHS’ Privacy Risk Assessment.
III. Substantiated breaches will be reported to the applicable regulatory agency(ies) in accordance with relevant privacy laws and DHS Policy 361.II, Investigation of Suspected, Alleged, or Actual Breaches of the Privacy- and/or Security-Related of Restricted Information.

IV. Breaches committed by a WFM will be referred to Human Resources, Performance Management Unit (PMU) for assessment and determination of appropriate corrective action or discipline. Violations as described in the DHS Discipline and Guidelines Manual may also be referred to PMU.

V. Just Culture principles will be applied when appropriate.

DOCUMENT RETENTION

The FPM’s investigative report and risk assessment shall be retained for a period of at least seven (7) years from the date of its creation.

REFERENCES/AUTHORITY:

45 CFR § 160, 162, and 164: Health Insurance Portability and Accountability Act
45 CFR § 160 and 164 “Breach Notification for Unsecured Protected health Information-Interim Final Rule”
California Civil Code § 56 et seq. California Medical Information Act
California Civil Code § 1798.29 and 1798.82: Information Practices Act of 1977
California Health and Safety Code § 1280.15:
DHS Privacy Policies 361.1 – 361.30 and Information Security Policies 935.00 – 935.20
DHS Discipline and Guidelines Manual
PURPOSE:

The purpose of this policy is to establish administrative, technical and physical safeguards to protect the security of Protected Health Information (PHI), Personally Identifiable Information (PII) and other confidential information, collectively known as “Restricted Information” from unauthorized viewing, acquisition, access, use or disclosure.

DEFINITIONS:

**Breach** means an unlawful or unauthorized acquisition, access, use, or disclosure of protected health information and/or a specific patient’s medical information, in any form (verbal, paper or electronic).

Some examples of breach may include:

- Verbally disclosing a patient’s sensitive diagnosis in the presence of friends and/or family without the patient’s authorization;
- Patient documents lost or stolen while working in the field, or inappropriately discarded;
- Accessing the electronic health record of a patient without a legitimate business need;
- Theft or loss of an unencrypted desktop computer, laptop, USB, computer or other computing device.

**Desktop Workstation** includes a stand-alone, generally stationary, personal computing device possibly connected to a network server or other computer.

**County Information Technology Resources/Assets** (for purposes of this policy) include, but are not limited to, computer equipment (e.g., workstations, servers, laptops or other portable...
computing devices such as tablets, cellular phones, digital cameras, audio/video recorders; peripherals such as scanners, printers and facsimiles; storage devices (e.g., USB/thumb-drives, DVDs, CDs, backup tapes, memory cards), on premise and cloud-based application software (e.g., ORCHID, Patient Portal, Outlook email, databases and other software which contains employee health, patient, billing and/or confidential information), medical devices, and other networked devices.

**Disclosure** means, with respect to “Restricted Information”, means the release, transfer, provision of access to, or divulging in, any other manner from DHS or individual other than a member of its workforce.

**Facility Privacy Manager** means the DHS workforce member responsible for directing the facility's privacy compliance program.

**Particularly Sensitive Health Information** means protected health information that is generally considered highly confidential including, but not limited to, mental health, substance and alcohol abuse, and communicable disease information.

**Personal Information (PI)** (for purposes of this policy) as defined by California Civil Code §1798: means an individual's first name or first initial and their last name in combination with any one or more of the following data elements, when either the name or the data elements are not encrypted or redacted:

a. Social security number.
b. Driver's license number or California identification card
c. Account number, credit or debit card number, in combination with any required security code, access code, or password that would permit access to an individual's financial account.
d. Medical information: information regarding an individual's medical history, mental or physical condition, or medical treatment or diagnosis by a health care professional.
e. Health insurance information: means an individual's health insurance policy number or subscriber, identification number, any unique identifier used by a health insurer, to identify the individual, or any information in an individual's, application and claims history, including any appeals records.

**Portable Computing Devices**, includes, but is not limited to, the following:

- Portable computers, including, but not limited to, laptops, tablet computers and computers on wheels.
- Portable devices, including, but not limited to, personal digital assistants (PDAs), cameras, smartphones, cellular telephones, pagers, etc.
- Portable storage media, including, but not limited to, diskettes, tapes, DVDs, CDs, USB flash drives, memory cards, and external hard disk drives.
- Mobile computers that can connect by cable, telephone wire, wireless transmission, or via any Internet connection to County Information Technology resources.
Protected Health Information (PHI): (for purposes of this policy) means individually identifiable information, in any format, related to an individual's health status, provision of health care, or payment for health care created, used, collected, transmitted or stored by DHS or its Business Associates.

Some examples of PHI which can be used alone or in combination with other information that identifies the individual (or for which there is a reasonable basis for believing that the information can be used to identify the individual) may include, but are not limited to, patient's name, address, phone number, medical record number, health insurance account number, social security number, full face photograph, etc. PHI does not include employment records or employee health information maintained by DHS in its role as employer.

Restricted Information collectively includes any information or data, in any form, which is protected by law, regulation, or DHS Policy, which carries significant risk from unauthorized access and/or requires the highest level of security protection. This includes any confidential, "Personal Information", "PHI/ePHI", or other data identified by DHS as requiring a higher level of protection and security controls.

Electronic Protected Health Information" or "ePHI" is PHI that is transmitted by electronic media (e.g. email, text, IM) or is maintained in electronic media (e.g. ORCHID, databases, computers, laptops phones, CDs, back-up tapes).

Use means, with respect to individually identifiable health information, the sharing, employment, application, utilization, examination, or analysis of such information within an entity that maintains such information

Workforce or Workforce Member means employees, contract staff, affiliates, volunteers, trainees, students, and other persons whose conduct, in the performance of work for DHS, under its direct control, whether or not they receive compensation from the County.

POLICY:

DHS will implement appropriate administrative, technical and physical safeguards that will reasonably protect PHI, PII and other confidential information, collectively known as “Restricted Information” from intentional or unintentional acquisition, viewing, access, use or disclosure that is in violation of DHS' Privacy Policies.

DHS' workforce members must reasonably safeguard “Restricted Information” to limit incidental acquisition, viewing, access, use or disclosure made pursuant to an otherwise permitted or required use or disclosure.

PROCEDURES:

The following procedures set forth minimum administrative, physical and technical safeguards regarding the protection of “Restricted Information” (hereafter known as PHI).

1. Administrative Safeguards
A. **Oral Communications.** DHS' workforce members must exercise due diligence to avoid unnecessary disclosure of “Restricted Information” through oral communications. Enclosed offices, secure areas and/or interview rooms are preferred locations for verbal exchange of PHI. Conversations involving “Restricted Information” in public areas should be avoided, unless necessary to further treatment, payment, teaching, research or operational purposes. A lowered voice should be used, and attention should be paid to unauthorized listeners in order to avoid unintentional disclosure of “Restricted Information”. Dictation shall not be conducted in public areas or places where unauthorized individuals could overhear.

B. **Telephone Communications.** Each DHS facility shall develop and implement protocols consistent with DHS guidelines to protect the confidentiality and privacy of patient information when communicating such information via telephone. Release of information over the phone may only be done if the person doing so has verified the identity of the person he or she is speaking with and that person is authorized to receive the information. DHS workforce members shall not discuss “Restricted Information” with the caller until the following is verified:

1. Identity of the caller using at least two (2) patient identifiers:
   a. First and last name,
   b. Medical record number,
   c. Date of birth, and/or,
   d. Address

2. The caller’s relationship to the patient and that the use and disclosure of the “Restricted Information” is permissible.

   If the caller’s identity and relationship cannot be verified, DHS workforce members shall not release or disclose any “Restricted Information”.

   DHS workforce members will honor any agreements made with the patient or the patient’s personal representative regarding alternate forms of communications or restrictions on the use or disclosure of the patient’s “Restricted Information”. Telephone communications involving PHI should be conducted in private areas whenever possible and in a low voice to ensure information is not overheard by unauthorized persons.

   Speakerphones should only be used in private areas and attention must be paid to the sound level to avoid unnecessary disclosure.

C. **Telephone Messages.** When making calls, DHS workforce members shall not discuss PHI until the identity of the person on the telephone line has been confirmed. In the event an answering machine or voice mail system picks up the call, workforce members shall leave a message requesting a return phone call.

   - The message shall include ONLY the patient’s name and the DHS workforce member’s name and telephone number (e.g., “This message is for Lisa Jones. Please contact Kitty Katz at 213-555-1313”).
• Messages left on an automatic answering machine or voice mail system shall not contain "Restricted Information" (e.g., diagnosis, test results, etc.).
• Telephone messages and appointment reminders may be left on answering machines and voice mail systems, unless the patient has requested an alternate means of communication as described in DHS Policy No. 361.6, "Right to Request Confidential Communications of Protected Health Information (PHI)." The content of appointment reminders should not reveal particularly sensitive health information, directly or indirectly, such as the specific name of the unit/department of the hospital.
• Telephone messages regarding test results or other information that links a patient's name to a particular medical condition should be avoided.

D. **Electronic Communications.** If a patient requests receipt of their "Restricted Information" electronically, the DHS workforce members must ensure the information is encrypted. If the information cannot be encrypted, the information must be sent through an alternate secure means of communication.

E. **Faxes.** The following procedure must be followed when faxing "Restricted Information":

1. Only the "Restricted Information" necessary to meet the requester's needs should be faxed. All faxes containing "Restricted Information" must be accompanied by a cover sheet that includes a confidentiality statement. (See Attachment A)

2. Particularly sensitive health information should not be transmitted by fax, except in emergency situations or if required by a government agency. If particularly sensitive health information must be faxed, the recipient should be notified prior to the transmission, and the sender should immediately confirm the transmission was completed, if possible.

3. Workforce members should only fax "Restricted Information" if they are authorized to do so in the performance of their job duties.

4. Unless otherwise permitted or required by law, a properly completed and signed authorization must be obtained prior to releasing PHI to third parties for purposes other than treatment, payment or health care operations as provided in DHS Policy 361.4, "Use and Disclosure of Protected Health Information Requiring Authorization". In certain instances, an authorization may be needed to release information to a third party for payment, such as self-paid services or insurance purposes.

5. PHI may be faxed to an individual if the individual requests access to their own PHI in accordance with DHS Policy 361.15, “Access of Individual to Protected Health Information (PHI)/Designated Record Set.”

6. Reasonable efforts should be made to ensure fax transmissions are sent to the correct destination. Frequently used numbers should be preprogrammed into fax machines or computers to avoid misdialing errors. Preprogrammed numbers
should be verified on a routine basis. The numbers of new recipients should be verified prior to transmission.

7. Fax machines must be located in secure areas not readily accessible to visitors and patients. Incoming faxes containing PHI should not be left sitting on or near the machine.

8. Fax confirmation sheets should be reviewed to ensure the intended destination matches the number on the confirmation. The confirmation sheet should be attached to the document that was faxed. Verify receipt of the fax by contacting the intended recipient and noting such on the approved fax sheet. Confirmation sheets and documents shall be safeguarded and handled appropriately according to facility or medical records processes or shredded as necessary.

9. Misdirected faxes containing “Restricted Information” must be immediately reported to the supervisor and investigated by the Facility Privacy Manager. The sender should make an attempt to call the recipient to retrieve the misdirected fax, if possible. Upon receipt of a misdirected fax from another entity, DHS workforce members should immediately contact the sender to inform them of the error, and properly destroy the information without reading or sharing it with others.

F. Mail.

1. Interoffice Mail: Use a sealed envelope (not one with holes in it) and properly address the envelope with the name of the recipient, the location and room number. Tape the opening and stamp or write “confidential” over the seal.

2. Outside Mail: Use a sealed envelope appropriate for U.S. Mail. Ensure the return address does not contain the name of the department or unit within the hospital to ensure added privacy.

G. Internet/Social Networking.

Internet/social networking sites must not be used to discuss patients or patient information. Workforce members must remember that although internet/social networking sites (e.g., Twitter, Facebook, YouTube, discussion forums, text messaging web mail, etc.) can be accessed on their own time from their own computing devices, they must not discuss patients or patient information on these sites. Even small amounts of information, when put together, can reveal identifying information about a patient and thus cause a violation of privacy laws.

1. Workforce members must not disclose any confidential or proprietary information of, or about, the County, DHS or any of our affiliates on social networking sites.

2. Workforce members must not portray themselves as representatives of the County or DHS or act on behalf of the County or DHS on social networking sites, unless specifically authorized to do so in writing.
3. Workforce members, including former workforce members, may be held liable for damages and potential criminal prosecution for breaching PHI used or disclosed while working for DHS.

4. Workforce members must not engage in internet/social networking activities on their personal computing device during County work hours.

H. **Social Media.**

1. Workforce members must remember to not post information about patients or work-related issues on social networking sites such as Facebook, Twitter, Snapchat, Instagram, Google+, YouTube, Tumblr, WhatsApp, etc.

2. It does not matter if the workforce member is not using County equipment or if they are on their break or at home.

3. Due to the nature and type of work DHS workforce members do, just small bits of information put together, can reveal identifying information about patients and cause a violation of privacy laws.

I. **Photographing and Recording Patients.**

Photography, audio, or video recordings of patients may be taken for various purposes such as patient treatment, professional education, peer review, publication, research, law enforcement, public relations, marketing, news media, or for a patient's own personal memorialization. This may occur only after appropriate consent is obtained from all affected individuals.

Photography, video, or audio recordings of patients obtained by workforce members is considered PHI and shall always be handled in a manner that protects the patient's privacy and is consistent with federal and State patient privacy laws. At no point shall workforce members use, share or post photos, video, or audio recordings of patients on any public social media forum or utilize them for personal use without explicit written consent from the patient or their authorized representative.

Workforce members who photograph, video, or audio record a patient shall use facility-owned equipment or approved applications (e.g., Teams) unless explicitly authorized, in writing, by the patient or the patient's personal representative.

1. Written patient authorization must be obtained prior to taking photographs, video, or recordings of patients.

2. Authorization must contain the specific reason and use. Any other or additional use or disclosure requires a new authorization.

3. Written procedures shall be developed and implemented for use of facility-owned cameras and memory cards. The procedures shall include the physical security of the equipment and safeguarding of the images and recordings, such
as keeping the device in a locked cabinet/drawer, securely uploading the images and recordings and wiping the images from the device after use.

4. Approved applications (e.g., Teams) may be used that support image capture and secure communications between members of the healthcare team. However, messaging within the application does not take the place of appropriate documentation in the legal medical record. Images should be sent to the facility’s Health Information Management Department for scanning into the patient’s electronic medical record.

5. A workforce member’s use of personal photography or recording equipment (including cellular telephones and smartphones) is prohibited without the patient’s explicit written consent to photograph, video and/or audio record.

6. Photography of medical records or any other document that contains PHI is strictly prohibited.

7. DHS Policy 304 provides guidelines for obtaining authorization to photograph and/or record patients.

J. **Destruction Standards.**

“Restricted Information” must be discarded in a manner that protects the confidentiality of such information. Hardcopy documents should be shredded or placed them in a locked shredder bin instead of throwing them in the trash. The facility IT/Help Desk should be contacted to appropriately destroy electronic “Restricted Information” stored on electronic media (e.g., CDs, USB thumb drives, hard drives, computer/laptops, etc.).

1. “Restricted Information” awaiting disposal or destruction must be stored in secure containers, storage rooms, or centralized shredder bins that are appropriately labeled and properly disposed of on a regular basis. Reasonable steps must be taken to minimize access to those documents.

2. Storage rooms containing confidential information awaiting disposal must be locked after business hours or when authorized staff are not present.

3. Centralized bins or containers used for disposal of “Restricted Information” must be sealed/locked and clearly labeled "confidential", "PHI", or some other suitable term and placed in a secure location. Reasonable steps must be taken to minimize access to “Restricted Information”.

4. Documents containing “Restricted Information” must not be recycled or reused for scratch paper.

5. Portable media awaiting destruction/sanitization must be kept in a secure locked area.
II. Physical Safeguards

A. Paper Records. Paper records and medical charts must be stored or filed in such a way as to avoid access by unauthorized persons. Some type of physical barrier should be used to protect paper records from unauthorized access.

1. Paper records and medical charts on desks, counters or nurses’ stations must be placed face down or concealed to avoid viewing or access by unauthorized persons.

2. Paper records should be secured (e.g., locked cabinet or drawer) when the office is unattended by persons authorized to have access to those paper records.

3. Original paper records shall not be removed from the premises unless permitted by law, they are secured in a manner to safeguard the PHI, and they are not left unattended.

4. Do not store paper records in an area where they can be inadvertently thrown away or mistaken for trash.

III. Physical Access

A. Ensure all areas used to store “Restricted Information” are properly secured and that only authorized personnel have access to those locations.

B. Persons authorized to enter areas where “Restricted Information” is stored or viewed must wear an identifiable DHS badge or be escorted by an authorized DHS workforce member.

C. Persons attempting to enter an area where “Restricted Information” is processed must have prior authorization from DHS/facility management.

D. Workforce members must not allow others to use or share their badges or keycards and must verify access authorization for unknown people entering an area where “Restricted Information” is stored or processed.

IV. Visitors, Vendors and Patients

Visitors, vendors, and patients must be appropriately monitored when on DHS premises where “Restricted Information” is located to ensure the information remains secure. This means that persons who are not authorized should not be in areas where patients are being seen or treated or where “Restricted Information” is stored.

V. Computer Workstations

PHI on computer devices must be safeguarded from unauthorized viewing and unauthorized access through the following means:
A. Using polarized screens or other computer screen overlay devices that shield information on the screen;

B. Placing computers out of the visual range of persons other than the authorized users;

C. Clearing information from the screen when not actually being used;

D. Logging off or locking the computer when leaving the workstation;

E. Using password protected screen savers when computer workstations are not in use; and

F. Positioning computers in areas that prohibit/restrict access by unauthorized individuals (e.g., not within reach of persons at counter, etc.).

VI. Remote Access or Working Offsite/Outside the Secure Work Environment

DHS employees are discouraged from removing “Restricted Information” from DHS; however, it is recognized that there are some situations where work outside of the secured environment is necessary. When it is necessary for DHS staff to take patient information home or to another work environment, staff shall abide by the guidelines outlined in DHS Policy 935.11, "Workstation and Mobile Device Use & Security Policy".

VII. Technical Safeguards

Access to “Restricted Information” is based on the role and job responsibilities of the workforce member. Workforce members will be assigned access to DHS’ networks and systems based on their need to know and the minimum necessary information needed to fulfill their job responsibilities. A workforce member with access to a system for completion of certain assignments is not authorized to view, use or access other information in the system not related to their job responsibilities or particular assignment/case.

A. Technical safeguards regarding the security of “Restricted Information” maintained in electronic form may include:

1. Logging off or locking any electronic system containing “Restricted Information” when leaving the computer even for a few minutes, or after obtaining necessary data.

2. Requiring computing devices to have a password-protected screen saver or other time-out feature.

3. Encrypting all portable computing devices such as laptops, USB/thumb drives, and other electronic devices containing “Restricted Information”.
4. Ensuring that workforce members are familiar with the facility downtime procedures.

B. Passwords

1. Workforce members are responsible for safeguarding their passwords for access to the County information technology resources.

2. Workforce members are responsible for all transactions made using their passwords. Workforce members may not provide their password or use their password to provide access to another workforce member; or access County information technology resources with another workforce member's password or account. Some systems have a universal access password with a secondary password, neither of which shall be shared with workforce members who are not authorized to utilize the system.

3. Passwords must be changed on a regular basis to ensure security. Strong passwords include at least eight (8) characters, and uses a combination of uppercase and lowercase letters, numbers and/or special characters.

VIII. Use of Electronic Systems

DHS shall implement a combination of administrative, physical and technical safeguards to ensure the safety of PHI in electronic communications networks, including: (1) privacy and security awareness training of DHS Users concerning the transmission of PHI over electronic communication networks; (2) periodic reviews of this policy and procedure with DHS Users to confirm compliance; (3) ongoing security reminders; (4) use of password-protected screen savers and exercise of due diligence to ensure that electronic systems used for transmission and/or storage of “Restricted Information” is shielded from viewing by unauthorized persons; and (5) other applicable safeguards outlined in this Policy.

A. Portable Computing Devices

1. All portable computing devices used to access and/or store PHI must comply with all applicable DHS and County IT resources policies, standards, and procedures.

2. Generally, DHS prohibits the download or storage of “Restricted Information” on portable computing devices. However, DHS Users who, in the course of County business, must download or store “Restricted Information” on portable computing devices are required to adhere to DHS policies and procedures for storage and use of PHI on portable computing devices (e.g., encryption).

3. If “Restricted Information” is downloaded or stored on a portable computing device, that information must be safeguarded from unauthorized access and, without exception, the information must be encrypted. A DHS User who intends to use their County-owned or personally-owned portable computing device to
access and/or store “Restricted Information” is required to obtain prior written authorization from DHS Information Technology.

B. E-mail

1. Any email to be sent that contains “Restricted Information” must first be encrypted through the DHS Secure Email System.

2. Only authorized workforce members may send “Restricted Information” via email.

3. All email communications with patients are considered “Restricted Information” and must be sent encrypted and through DHS Secure Email System.

4. Non-County e-mail such as G-mail, Yahoo Mail, etc. must not be used for sending or receiving DHS “Restricted Information.”

5. The Outlook e-mail application should not be used as a storage device and emails containing PHI/confidential information should be deleted when no longer needed. E-mails which may be needed at a later date should be stored in a secure Share drive.

6. Patients should be encouraged to create a DHS Patient Portal account to send/receive secure healthcare related communications. If the patient does not choose this option or if the communication cannot be sent via the Portal, the use of e-mail between a DHS User and a patient is permitted provided that the patient agreed to the communication and the e-mail is encrypted and sent through the County's e-mail system.

7. Audits of outbound e-mail communications may be periodically performed to ensure that use of e-mail to transmit “Restricted Information” is in accordance with Departmental policies. Refer to DHS Policy 935.20, "Acceptable Use Policy for County Information Technology Resources.”

C. Texting

Texting “Restricted Information” through a mobile device’s native short message service (SMS), enhanced messaging service (EMS), multimedia messaging service (MMS), instant messaging (IM) or iMessage, and unsecure chats is prohibited. If a text message that includes confidential data or PHI is sent to a DHS workforce member, via the above listed unsafe methods, the workforce member must respond to the sender via other means of communication (e.g., telephone or mail) with instructions to delete the text message immediately.

When an absolute necessity, DHS’ approved and secure chat method for exchanging confidential information is “Microsoft Teams”. Only authorized workforce members who have been authorized by their management to use DHS-approved chat/video conferencing application may send chat messages or conduct video sessions using “Microsoft Teams”.
D. **Online Web-based Document Sharing Services**

Storing and/or sharing of “Restricted Information” and other confidential information using non-County online web-based document sharing services (e.g., Google Docs, Microsoft Office Live, Open-Office, Dropbox, etc.) is strictly prohibited.

**D. Meaningful Use**

DHS will use a HIPAA compliant, secure portal to provide patients direct access to their medical information via the electronic medical record.

**IX. Disciplinary Action**

Unauthorized viewing, acquisition, access, use, or disclosure of confidential and/or PHI (including but not limited to medical records) will result in disciplinary action, up to and including discharge, as well as possible civil/criminal penalties, fines and disciplinary action against the individual’s professional license, permit, registration, or certificate from using the issuing board or agency.

**X. Document Retention**

This policy will be retained for a period of at least six (6) years from the date of its creation or the date when it was last in effect, whichever is later.

**ATTACHMENTS/FORMS:**

Attachment A – DHS Fax Form

**REFERENCES/AUTHORITY:**

45 Code of Federal Regulations, Part 164, Section 164.530(c)(1)

DHS Policy Numbers:

- 361.6 Right to Request Confidential Communications of Protected Health Information
- 361.15 Access of Individual to Protected Health Information (PHI)/Designated Record Set
- 361.26 Mitigation
- 304 Consent for Photography, Video and Audio Recordings
- 935.11 Workstation & Mobile Device Use and Security Policy
- 935.20 Acceptable Use Policy for County Information Technology Resources

DHS Discipline Manual and Guidelines
CONFIDENTIAL

FAX COVER SHEET

(Insert Facility/Program Name Address)

Date Transmitted: ________________
Time Transmitted: ____________

Number of Pages (including cover sheet): ______

TO: __________________________
Fax #: _______________________

Facility: ______________________
Phone #: _____________________

Address: ______________________

SENDER: ______________________
Contact Phone #: ______________

Documents being faxed:
☐ Clinical/health records
☐ Other, specify: ____________________________

Comments:

CONFIDENTIALITY STATEMENT

This facsimile transmission may contain confidential information that may be legally privileged and protected by federal and state law. If you are not the intended recipient of this message or an employee or agent responsible for delivering this message to the intended recipient, you are hereby notified that any dissemination, distribution or copying of this communication is strictly prohibited. If you have received this communication in error, please contact the Sender immediately at the phone number listed above.

VERIFICATION OF TRANSMISSION OF PHI

I verified the receiver of this Fax and confirmed its transmission:

Name: __________________________ Date: ____________ Time: _________

DHS Representative
PURPOSE:

To ensure the entire Department of Health Services (DHS) workforce follow acceptable use of County information technology resources within the department.

POLICY:

Each DHS workforce member is required to adhere to and management is expected to strictly enforce all policies and procedures with respect to the proper use of County information technology resources in accordance with DHS Policy No. 361.1, DHS Privacy and Security Compliance Program, the County Fiscal Manual, and other County and DHS information technology use policies and procedures.

All workforce members are required to sign acknowledgment of the receipt and review of the County and DHS’ Acceptable Use policy (as noted below). DHS Human Resources must ensure that each new hire or transferred County workforce member receives and signs the following documents during in-processing:

1) County of Los Angeles Agreement of Acceptable Use and Confidentiality of County’s Information Technology Assets, Computers, Networks, Systems and Data (County Acceptable Use Agreement) and,
2) Acknowledgment of this policy

Managers/supervisors must review both documents and have them signed and completed by each County workforce member during the annual performance evaluation process.

Each Non-County workforce member shall receive and acknowledge the “DHS Comprehensive Policy Statement” in accordance with the non-County workforce member in-processing procedures. The “DHS Comprehensive Policy Statement” must also be provided to and acknowledged by the non-County workforce member in conjunction with their annual performance review process.
DHS System Managers/Owners will ensure that all workforce members with access to County information technology resources have signed the agreement and acknowledgment prior to providing access.

I. RESPONSIBILITY

Access to County information technology resources and accounts is a privilege granted to workforce members based on their job duties and may be modified or revoked at any time. Each workforce member is responsible for the protection of DHS’ County information technology resources. Workforce members must protect all Information contained in the technology resources as required by local, state and federal laws and regulations. Each workforce member must sign and abide by the County Acceptable Use Agreement and the provisions of this policy.

County workforce members will be required to sign the County Acceptable Use Agreement and the acknowledgment at the time of new hire or transfer into DHS and annually as part of the performance evaluation process. Non-County workforce members will be required to acknowledge the County Acceptable Use Agreement and this policy by signing the “DHS Comprehensive Policy Statement” during the in-processing procedure and in conjunction with their annual performance review.

The completed acknowledgment forms must be filed in the workforce member’s personnel folder. Acknowledgments from the “DHS Comprehensive Policy Statement” will be filed in the non-County workforce member’s Human Resources file.

Violation of the County Acceptable Use Agreement or this policy may result in disciplinary action, up to and including, discharge and possible civil and/or criminal liability.

Non-County workforce members found to be in violation of the County Acceptable Use Agreement or this policy may be released from assignment and recorded as a “do not send” in the DHS “Do Not Send” Database.

The County information technology resources are the property of the County and are to be used for authorized business purposes only.

II. WORKFORCE MEMBER PRIVACY
Workforce members have no expectation of privacy with respect to their use of the County information system assets, because at any time DHS may log, review, or monitor any data created, stored, accessed, sent, or received. DHS has, and will exercise, the right to monitor any information stored on a workstation, server or other storage device; monitor any data or information transmitted through the DHS network; and/or monitor sites visited on the DHS Intranet, Internet, chat groups, newsgroups, material downloaded or uploaded from the Internet, and e-mail sent and received by workforce members. Activities, communications, or computer usage not related to County business are likely to be monitored. DHS may use manual or automated means to monitor use of its County information technology resources.

A supervisor/manager may request to review the system activities of a subordinate if misuse of DHS system resources is suspected. If evidence of misuse of DHS system resources is identified, the supervisor/manager must contact the DHS Audit & Compliance Division to determine appropriate actions. The DHS Audit & Compliance Division may also be required to contact the Auditor-Controller’s Office of County Investigations.

Violations involving non-County workforce members shall be referred to the Facility Liaison/Contract Monitor for appropriate action.

Use of passwords to gain access to County information technology resources or to encode particular files or messages does not imply any expectation of privacy in the material created or received. The requirement for use of passwords is based on DHS’ obligation to properly administer information technology resources to ensure the confidentiality, integrity and availability of Information. Workforce members are required to authenticate with a unique Employee/Workforce member ID so that all access may be auditable.

III. PROHIBITED ACTIVITIES

A. Prohibited Uses: Workforce members are prohibited from using County information technology resources for any of the following activities:

1. Engaging in unlawful or malicious activities.
2. Sending, receiving or accessing pornographic materials.
3. Engaging in abusive, threatening, profane, racist, sexist or otherwise objectionable language.
4. Misrepresenting oneself or the County.
5. Misrepresenting a personal opinion as an official County position.
6. Defeating or attempting to defeat security restrictions on County systems or applications.
7. Engaging in personal or commercial activities for profit.
8. Sending any non-work related messages.
10. Intentionally disseminating any destructive program (e.g., viruses).
11. Playing games or accessing non-business related applications, or social networking sites.
12. Creating unnecessary or unauthorized network traffic that interferes with the efficient use of County information technology resources (e.g., spending excessive amounts of time on the Internet, engaging in online chat groups, listening to online radio stations, online shopping).
13. Attempting to view and/or use another person’s accounts, computer files, program, or data without authorization.
14. Using County information technology resources to gain unauthorized access to DHS or other systems.
15. Using unauthorized wired or wireless connections to DHS networks;
16. Copying, downloading, storing, sharing, installing or distributing movies, music, and other materials currently protected by copyright, except as clearly permitted by licensing agreements or fair use laws.
17. Using County information technology resources to commit acts that violate state, federal and international laws, including but not limited to laws governing intellectual property.
18. Participating in activities that may reasonably be construed as a violation of National/Homeland security.
19. Posting scams such as pyramid schemes and make-money-quick schemes.
20. Posting or transmitting private, proprietary, or confidential information, including patient information, to unauthorized persons, or without authorization.
21. Downloading confidential or patient information or data onto a mobile storage device without authorization from the Facility CIO/designee.
22. Using Online Web-based Document Sharing Services (e.g., Google Docs, Microsoft Office Live, Open-Office) to store or share DHS data.
23. Viewing, accessing, using or disclosing confidential or patient information or data if not authorized as part of the workforce member’s job duties.

B. Misuse of software: Workforce members must not engage in software copyright infringements. Workforce members are prohibited from conducting the following activities without proper licensing and prior written authorization by the Facility CIO/designee:

1. Copying County-owned software onto their home computers.
2. Providing copies of County-owned software to independent contractors, clients or any other third-party person.
3. Installing software on any DHS workstation (e.g., desktops, personal computers, mobile devices, and laptop) or server, unless authorized by their supervisors and IT management.
4. Downloading software from the Internet or other online server to DHS workstations or servers.
5. Modifying, revising, transforming, recasting or adapting County-owned software.
6. Reverse-engineering, disassembling or decompiling County-owned software.

IV. PASSWORDS

Workforce members are responsible for safeguarding their passwords for access to the County information technology resources. Workforce members are responsible for all transactions made using their passwords. Workforce members may not provide their password or use their password to provide access to another Workforce member; or access the County information technology resource with another Workforce member’s password or account. Some systems have a universal access password with a secondary password neither of which shall be shared with workforce members who are not authorized to utilize the system. Workforce members should be aware that leaving a computer unattended for a brief time, even 30 seconds, may give an unauthorized user enough time to access the system using the previous user’s access.
A. County information technology resources

Workforce members are responsible for ensuring that the use of outside computers and networks, such as the Internet, do not compromise the security of County information technology resources. This responsibility includes taking reasonable precautions to prevent intruders from accessing County information technology resources.

B. Malicious software

Malicious software can cause substantial damage or inconvenience to County information technology resources. Workforce members are responsible for taking reasonable precautions to ensure that they do not introduce malicious software into County information technology resources. Workforce members must not bypass or disable County malicious software protections. Workforce members must only use or distribute storage media or e-mail (including attachments) known to the workforce member to be free from malicious software.

Any workforce member who telecommutes or is granted remote access must utilize equipment that contains current County-approved anti-virus software and must adhere to County hardware/software protection standards and procedures that are defined by the County and the authorizing Department.

DHS restricts access to the Internet or any other network via modem, cellular wireless, or other telecommunication services. No workforce member may employ any external inbound or outbound connections to DHS network resources unless explicitly authorized by the Departmental Information Security Officer (DISO) or designee.

Each workforce member is responsible for notifying the Department’s Help Desk or the Department Security Contact as soon as a device is suspected of being compromised by a virus.

VI. E-MAIL

EFFECTIVE DATE: August 15, 2012

SUPERSEDES: September 1, 2009
Access to County e-mail services is a privilege that may be wholly or partially restricted without prior notice and without consent of the workforce member. E-mail messages are the property of the County and subject to review by authorized County personnel.

E-mail messages are legal documents. Statements must not be made on e-mail that would not be appropriate in a formal memo. Workforce members must endeavor to make each electronic communication truthful and accurate. Workforce members are to delete e-mail messages routinely in accordance with both the DHS and County E-mail policies.

Protected Health Information (PHI) and other confidential and/or sensitive information can only be sent or received if it is encrypted or safeguarded in accordance with DHS Policy No. 361.23, Safeguards for Protected Health Information (PHI).

Access to Internet-based e-mail sites (e.g., Yahoo Mail, Google Mail, Hotmail, etc.) is not permitted. Exceptions to this policy must be based upon requirements to perform job-related activities and be approved by DHS management.

Default E-Mail Retention Period

DHS e-mail systems will be configured to automatically delete messages greater than three years on active e-mail servers. This auto-delete policy applies to messages within all folders (inbox folders, sent file folders, draft file folders, etc.) stored on active e-mail servers. DHS will have three levels of e-mail users. (Level 1 is 3 years, Level 2 is 5 years, and Level 3 is 7 years of retention time)

All DHS e-mail system users are expected to:

1. Regularly check for new messages;
2. Delete transitory messages as quickly as possible.
   
   a. Specially defined groups will have a maximum of either a five or seven year retention period.
   b. Specially defined groups may consist of members from Audit and Compliance, Risk Management, Human Resources, Finance, and facility CEO’s.
   c. Facility CEO’s and Executive Management from defined groups will determine which individuals will be allowed a five or seven year retention period.
d. No Personal Storage Table, (PST) files will be allowed or used by DHS e-mail users.
e. E-mail is not to be used for the storage of patient/protected health information of any kind, nor is it to be used as a document storage system.

VII. USE OF THE INTERNET

Use of the Internet must be in accordance with DHS and County Internet and privacy policies.

All DHS Internet activities are monitored and audited by DHS Security Operations and Compliance Divisions.

Unauthorized non-County business Instant Messaging and Streaming Media are strictly prohibited.

Workforce members must not allow another workforce member to access the Internet using their authorized account.

DHS is not responsible for material viewed or downloaded by workforce members from the Internet. The Internet is a worldwide public network that is uncensored and contains sites that may be considered offensive. Workforce members accessing the Internet do so at their own risk and DHS shall not be liable for inadvertent exposure to any offensive materials.

Internet access is provided to the workforce member at the discretion of each DHS Facility.

VIII. INFORMATION TECHNOLOGY USER ACCOUNT MANAGEMENT

When a workforce member leaves the County service, the supervisor must inform the local service desk to have the workforce member's Information Technology (IT) user accounts deactivated immediately. All IT accounts that have been deactivated for 60 days or more will be deleted. The workforce member's supervisor will be contacted for approval to delete the accounts. In cases where the supervisor failed to inform the local service desk, Human Resources records will be used to disable
accounts that have not been active in the last 60 days. All IT accounts that have been inactive for 60 days or more will be deleted.

Each Facility’s Information Technology Department shall adhere to this minimum standard/guideline.

Each Facility’s Information Technology Department shall develop and implement procedures to ensure compliancy.

IX. RECORDABLE MOBILE DEVICES AND REMOVABLE MEDIA

Workforce members must manage and control all recordable mobile devices and removable media that contain PHI or other confidential information. These devices include PDA’s, USB flash drives, personal cell phones, cameras, removable hard disks, CD-R, CD-RW, DVD-R, DVD-RW and floppy disks.

The use of recordable mobile devices and removable media must be pre-approved and registered for use by the Facility CIO/designee in accordance with DHS Policy No. 935.11, Workstation Use and Security: Access and Use of Mobile Devices and DHS Policy No. 935.13 Device and Media Controls: Accountability.

X. REMOTE ACCESS SERVICES

No workforce member may employ any remote inbound or outbound connections to DHS network resources unless explicitly authorized by the Departmental Information Security Officer (DISO) or designee.

Unauthorized Remote Access Services (e.g., LogMeIn, GoToMyPC) are strictly prohibited.

Any workforce member who is granted remote access to the DHS network must utilize the approved DHS Information Security method for remote access. VPN is the DHS approved remote access solution until further notice.

Dial-up, DSL, modem etc. are strictly prohibited.

EFFECTIVE
DATE: August 15, 2012

SUPERSEDES: September 1, 2009

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At no time should any workforce member share their remote access privileges with anyone, including other workforce members or family members.

DEFINITIONS:

INFORMATION TECHNOLOGY RESOURCES/ASSETS Any equipment or interconnected system or subsystems of equipment used in the automatic acquisition, storage, manipulation, management, movement, control, display, switching, interchange, transmission, or reception of data or information; including computers; ancillary equipment; software, firmware, and similar procedures; services, including support services; and related resources.

INFORMATION TECHNOLOGY USER ACCOUNTS An authorized user account (i.e., E-mail, Internet, Network File Share, Health Information System, etc.) provided to a user, to be used solely by that user, for the purpose of accessing services as granted to that user account.

WORKFORCE MEMBER Employees, contract staff, affiliates, volunteers, trainees, students, and other persons whose conduct, in the performance of work for DHS, is under its direct control, whether or not they receive compensation from the County.

MALICIOUS SOFTWARE The collective name for a class of programs intended to disrupt or harm systems and networks. The most widely known example of malicious software is the computer virus; other examples are Trojan horses and worms.

PERSONAL STORAGE TABLE A file that stores e-mail messages, calendar events and contact information used in applications such as Microsoft Outlook.

REMOTE ACCESS SERVICE A service that supports connecting a PC from a location outside of the DHS network (e.g. home) to the DHS network or vice versa.

For a more complete definition of terms used in this policy and/or procedure, see the DHS Information Security Glossary, Attachment I to DHS Policy No. 935.00 DHS Information Technology and Security Policy.

AUTHORITY:

EFFECTIVE DATE: August 15, 2012

SUPERSEDES: September 1, 2009
DEPARTMENT OF HEALTH SERVICES
COUNTY OF LOS ANGELES

SUBJECT: ACCEPTABLE USE OF COUNTY INFORMATION TECHNOLOGY RESOURCES

POLICY NO.: 935.20

Board of Supervisors Policies:
6.101, Use of County Information Technology Resources
6.102, Countywide Antivirus Security Policy
6.104, Use of Electronic Mail (E-mail) by County Employees
6.105, Internet Usage Policy

CROSS REFERENCES:

DHS Policy Nos.:
361.1, DHS Privacy and Security Compliance Program
361.23, Safeguards for Protected Health Information (PHI)
935.00, DHS Information Technology and Security Policy
935.11, Workstation Use and Security
935.13, Device and Media Controls

EFFECTIVE DATE: August 15, 2012

SUPERSEDES: September 1, 2009

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COUNTY OF LOS ANGELES
AGREEMENT FOR ACCEPTABLE USE AND
CONFIDENTIALITY OF
COUNTY’S INFORMATION TECHNOLOGY ASSETS,
COMPUTERS, NETWORKS, SYSTEMS AND DATA

As a Los Angeles County, employee, contractor, vendor, or other authorized employee of County Information Technology (IT) assets including computers, networks, systems and data, I understand that I occupy a position of trust. I will use County IT assets for County management approved business purposes only and maintain the confidentiality of County’s business and Citizen’s private data. As an user of County’s IT assets, I agree to the following:

1. **Computer Crimes:** I am aware of California Penal Code 502(c) – Comprehensive Computer Data Access and Fraud Act (attached). I will immediately report any suspected computer misuse or crimes to my Management.

2. **Security Access Controls:** I will not subvert or bypass any security measure or system which has been implemented to control or restrict access to computers, networks, systems or data. I will not share my computer identification codes (log-in ID, computer access codes, account codes, ID’s, etc.) or passwords.

3. **Approved Business Purposes:** I will use the County’s Information Technology (IT) assets including computers, networks, systems and data for County management approved business purposes only.

4. **Online Web-based Document Sharing Services**
   I will not use Online Web-based Document Sharing Services to collaborate with workforce members; to store and/or share DHS owned data.

5. **Unauthorized Application or Software**
   I will not download, install, or use any non-DHS approved application or software, such as Instant Messaging, Streaming Media, and Remote Access Services (e.g., LogMeIn, GoToMyPC).

6. **Confidentiality:** I will not view, access, use or disclose any County program code, data, information or documentation to any individual or organization unless specifically authorized to do so by the recognized information owner.

7. **Computer virus and malicious code:** I will not intentionally introduce any computer virus, worms or malicious code into any County computer, network, system or data. I will not disable or delete computer virus detection and eradication software on County computers, servers and other computing devices I am responsible for.

8. **Offensive materials:** I will not access or send any offensive materials, e.g., sexually explicit, racial, harmful or insensitive text or images, over County owned, leased or managed local or wide area networks, including the public Internet and other electronic mail systems, unless it is in the performance of my assigned job duties, e.g., law enforcement. I will report to my supervisor any offensive materials observed by me or sent to me on County systems.
9. **Public Internet:** I understand that the Public Internet is uncensored and contains many sites that may be considered offensive in both text and images. I will use County Internet services for approved County business purposes only, e.g., as a research tool or for electronic communication. I understand that the County’s Internet services may be filtered but in my use of them I may be exposed to offensive materials. I agree to hold the County harmless should I be exposed to such offensive materials. I understand that my Internet activities may be logged, are a public record, and are subject to audit and review by authorized individuals.

10. **Electronic mail and other electronic data:** I understand that County electronic mail (e-mail), and data, in either electronic or other forms, are a public record and subject to audit and review by authorized individuals. I will comply with County and DHS e-mail use policy and use proper business etiquette when communicating over e-mail systems.

11. **Copyrighted materials:** I will not copy any licensed software or documentation except as permitted by the license agreement.

12. **Passwords:** I understand that I am responsible for safeguarding my passwords for access to County information technology resources and am responsible for all transactions made using my password. I will not share my passwords or provide access to another individual using my password.

12. **Disciplinary action for non-compliance:** I understand that my non-compliance with any portion of this Agreement may result in disciplinary action including my suspension, discharge, denial of service, and cancellation of contracts or both civil and criminal penalties.

CALIFORNIA PENAL CODE 502(c)

“COMPREHENSIVE COMPUTER DATA ACCESS AND FRAUD ACT”

Below is a section of the “Comprehensive Computer Data Access and Fraud Act” as it pertains specifically to this Agreement. California Penal Code 502(c) is incorporated in its entirety into this Agreement by reference and all provisions of Penal Code 502(c) apply. For a complete copy, consult the Code directly at website [www.leginfo.ca.gov/](http://www.leginfo.ca.gov/).

502. (c) Any person who commits any of the following acts is guilty of a public offense:

1. Knowingly accesses and without permission alters, damages, deletes, destroys, or otherwise uses any data, computer, computer system, or computer network in order to either (A) devise or execute any scheme or artifice to defraud, deceive, or extort, or (B) wrongfully control or obtain money, property, or data.

2. Knowingly accesses and without permission takes, copies, or makes use of any data from a computer, computer system, or computer network, or takes or copies supporting documentation, whether existing or residing internal or external to a computer, computer system, or computer network.

3. Knowingly and without permission uses or causes to be used computer services.
(4) Knowingly accesses and without permission adds, alters, damages, deletes, or destroys any data, computer software, or computer programs which reside or exist internal or external to a computer, computer system, or computer network.

(5) Knowingly and without permission disrupts or causes the disruption of computer services or denies or causes the denial of computer services to an authorized user of a computer, computer system, or computer network.

(6) Knowingly and without permission provides or assists in providing a means of accessing a computer, computer system, or computer network in violation of this section.

(7) Knowingly and without permission accesses or causes to be accessed any computer, computer system, or computer network.

(8) Knowingly introduces any computer contaminant into any computer, computer system, or computer network.

(9) Knowingly and without permission uses the Internet domain name of another individual, corporation, or entity in connection with the sending of one or more electronic mail messages, and thereby damages or causes damage to a computer, computer system or computer network.

ACKNOWLEDGMENT:

I acknowledge that I have received and read the Department of Health Services’ Policy No. 935.20, DHS Acceptable Use Policy for County Information Technology Resources and the County of Los Angeles Agreement of Acceptable Use and Confidentiality of County’s Information Technology Assets, Computers, Networks, Systems and Data. I agree to abide by the provisions of the policy and the agreement. If I fail to comply with the policy and agreement, I will be subject to disciplinary action, up to and including discharge or release from assignment.

If I have any questions concerning the policy or agreement, I will discuss them with my supervisor.

Name (print): ___________________________ Employee/Contractor ID No.: ___________________________ Date: __________

Signature: ___________________________ Job Title: ___________________________ Department No.: __________

Supervisor Name (print): ___________________________ Supervisor Signature: ___________________________ Date: __________

DHS Policy No. 935.20 Rev 7/6/12
LOS ANGELES COUNTY HEALTH AGENCY
NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Effective date: May 30, 2017

WHO WILL FOLLOW THIS NOTICE OF PRIVACY PRACTICES

This Notice describes the privacy practices followed by the workforce members of the County of Los Angeles Department of Health Services, Mental Health, and Public Health, collectively referred to as the Health Agency (Agency). Workforce members include doctors, nurses, residents, therapists, case managers, students, volunteers, and other health care staff who help with your care at an Agency facility.

OUR PLEDGE REGARDING YOUR HEALTH INFORMATION

The law requires the Agency to:

• Keep your medical records and health information, also known as "protected health information," private and secure.
• Give you this Notice which explains your rights and our legal duties with respect to your health information.
• Tell you about our privacy practices and follow the terms of this Notice.
• Notify you if there has been a breach of the privacy of your health information.

USES AND DISCLOSURES OF YOUR HEALTH INFORMATION

The following categories describe the different ways that we may use or disclose your health information without obtaining your authorization. For each category of use or disclosure, we will explain what we mean and try to give some examples. Not every use or disclosure in a category is listed. However, all of the ways we may use and disclose information falls within one of the categories.

Treatment: We may use and disclose your health information to provide you with medical treatment and related services. We may share your health information with doctors, medical staff, counselors, treatment staff, clerks, support staff, and other health care personnel who are involved in your care. We may also share your health

HA-1005 (05-17; rev 02/18)
information with treatment providers for your future care for other treatment reasons. In addition, we may use or share your health information in response to an emergency.

**Payment:** We may use and disclose your health information to bill and receive payment for the treatment and services you receive. For billing and payment purposes, we may disclose your health information to your payment source, including insurance or managed care company, Medicare, Medicaid, or another third-party payer. For example, we may give your health plan information about the treatment you received so your health plan will pay us or refund us for the treatment or we may contact your health plan to confirm your coverage or to ask for prior authorization for a proposed treatment.

**Health Care Operations:** We may use and share your health information for Agency business purposes, such as quality assurance and improvement actions, reviewing the competence and qualifications of health care professionals, medical review, legal services, audit roles, and general administrative purposes. For example, we may use your health information to review our treatment and services and to evaluate our staff’s performance in caring for you. We may combine health information about our patients to decide what added services the Agency should offer or whether new treatments are effective. The law may need us to share your health information with representatives of federal and State regulatory agencies that oversee our business.

**Business Associates:** We may share your health information with our business associates so they can perform the job we have asked them to do. Some services provided by our business associates include a billing service, record storage company, or legal or accounting consultants. To protect your health information, we have written contracts with our business associates requiring them to safeguard your information.

**Health Information Exchange:** We, along with other health care providers in the Los Angeles area, may participate in one or more Health Information Exchanges (HIE). An HIE is a community-wide information system used by participating health care providers to share health information about you for treatment purposes. Should you require treatment from a health care provider that participates in one of these exchanges who does not have your medical records or health information, that health care provider can use the system to gather your health information in order to treat you. For example, he or she may be able to get laboratory or other tests that have already been performed or find out about treatment(s) that you have already received. We will include your health information in this system. If you would prefer your information not be shared with the HIE (opt-out) or have previously opted out of HIE participation and would like to share your information with the HIE (opt-in), please notify your registration staff or the business office at the facility where you obtain health care. The staff can help you change your preference using the HIE Change of Sharing Status form.

**Hospital Directory:** Our hospitals maintain a directory that lists patients admitted to the hospital so family and friends can call or visit you or so you can receive mail. If you do not object, we will include your name, location in the hospital, general condition (e.g., fair, stable, critical, etc.), and religious affiliation in the hospital directory. The directory
information, except for religious affiliation, will be released to people who ask for you by name, unless you have asked us not to include you or to limit this information. Providing your religious affiliation is your choice. If you decide to give us this information, it may be given to a member of the clergy, such as a priest or rabbi, even if they do not ask for you by name.

**Appointment Reminders:** We may use and disclose your health information to contact you as a reminder that you have an appointment at one of our facilities via standard mail (postcard), telephone, email, or text messaging.

**Discuss Treatment, Alternatives and Other Health-Related Benefits and Services with You:** We may use and disclose your health information to tell you about your health condition or to recommend possible treatment choices or alternatives. We may tell you about health-related benefits, medical education classes or services (such as eligibility for Medicaid or Social Security benefits), that may be of interest to you.

**To Individuals Involved in Your Care or Payment of Your Care:** We may disclose your health information to a family member, a relative, a close friend, or other individual involved in your medical care or payment for your medical care if we obtain your verbal agreement, or if we give you an opportunity to object to such a disclosure, and you do not raise an objection. If you are unable to agree or object at the time we give you the opportunity to do so, we may decide that it is in your best interest, based on our professional judgment, to share your health information, such as if you are incapacitated or during an emergency.

**Disaster Relief Purposes:** We may disclose your health information to an organization assisting in a disaster relief effort so that your family can be notified about your condition, status, and location. We will give you the opportunity to agree to this disclosure or object to this disclosure, unless we decide that we need to disclose your health information in order to respond to the emergency circumstances.

**Public Health Purposes:** We may disclose health information about you for public health activities. These activities generally include the following:

- To prevent or control disease, injury or disability;
- To report births and deaths;
- To report child abuse or neglect;
- To report reactions to medications or problems with products;
- To notify people of recalls of products they may be using;
- To notify a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition;
- To notify the appropriate government authority if we believe you have been the victim of abuse, neglect, or domestic violence.
For Health Oversight Purposes: We may disclose your health information to a health oversight agency for purposes allowed by law. For example, we may share your health information for audits, investigations, inspections, accreditation, licensure, and disciplinary actions.

Research: Your health information may be provided to a researcher if you authorize the use of your health information for research purposes. In some situations, we may disclose your information to researchers preparing a research protocol or if our Institutional Review Board (IRB) Committee determines that an authorization is not necessary. The IRB Committee is charged with ensuring the protection of human subjects in research. We also may provide limited health information about you (not including your name, address, or other direct identifiers) for research, public health or health care operations, but only if the person or organization that receives the information signs an agreement to protect the information and not use it to identify you.

Judicial and Administrative Proceedings: If you are involved in a lawsuit or a dispute, we may disclose your health information in response to a court or administrative order. We may also disclose your health information in response to a subpoena, discovery request, or other legal procedure by someone else involved in the dispute, but only if efforts have been made to tell you about the request (which may include written notice to you) or to obtain an order protecting the health information requested.

Law Enforcement: We may disclose your health information to law enforcement agencies:

- If the police bring you to the hospital and document that exigent circumstances exist to test your blood for alcohol or substance abuse; or
- If the police present a valid search warrant; or
- If the police present a valid court order; or
- To report abuse, neglect, or assaults as required or permitted by law; or
- To report certain threats to third parties or crimes committed on the premises; or
- To identify or locate a suspect, fugitive, material witness or missing person, if required or permitted by law; or
- To report your discharge, if you were involuntarily detained after a peace officer initiated a 72-hour hold for psychiatric evaluation and requested notification.

Organ and Tissue Donation: If you are an organ donor, we may release your health information to an organization involved in organ and tissue donations.

Coroners, Medical Examiners, Funeral Directors and Information About Decedents: When required by law, your health information may be released to a coroner or medical examiner. This may be necessary, for example, to identify a deceased person or determine the cause of death. We may also release limited health information to a funeral home. We may also give health information to family members or friends of a deceased person if they were involved in the person's care or paid for
that care prior to the death and the health information is relevant. However, we will not do this if the health information is not relevant to their involvement or if it is known to us that the deceased person would not have wanted us to share such information.

**To Prevent a Serious Threat to Health or Safety:** We may use and disclose certain information about you when necessary to prevent a serious threat to your health and safety or the health and safety of others. Any such disclosure, however, would only be to the extent required or permitted by federal, State or local laws and regulations.

**Military Personnel:** If you are a member of the armed forces, we may disclose your health information as mandated by military authorities or the Department of Veterans Affairs.

**Specialized Government Functions and National Security:** We may disclose your health information to federal officials to conduct lawful intelligence, counterintelligence and other national security actions allowed by law. We may disclose your health information to federal officials who provide protection to the President, other people or foreign heads of state, or conduct an investigation.

**Workers’ Compensation:** We may disclose your health information as allowed by workers’ compensation laws or related programs. For example, we may communicate your health information regarding a work-related injury or illness to claims administrators, insurance carriers, and others responsible for evaluating your claim for workers’ compensation benefits.

**As Required By Law:** We will disclose your health information when required to do so by federal, State, or local laws. For example, the law requires us to report certain types of injuries.

**Breach Notification:** We may use and disclose your health information to tell you in the event that there has been unlawful or unauthorized access to your health information, such as when someone not authorized to see your health information looks at your information or your health information is accidently lost or is stolen. We will also report these occurrences to State and federal authorities, and may need to use your health information to do so. If this happens, we will provide you with a written notice via first-class mail to your last known address.

**Special Rules for Disclosure of Psychiatric, Substance Abuse, and HIV-Related Information:** For disclosures of health information about psychiatric conditions, substance abuse, or HIV-related testing and treatment, special rules may apply. In general, health information relating to care for psychiatric conditions, substance abuse or HIV-related testing and treatment may not be disclosed without your permission or a court order. There are exceptions to this general rule. For example, HIV test results may be disclosed to your provider of health care without written authorization.
Inmates: If you are an inmate or under the custody of a law enforcement official, we may release your health information to the correctional institution or law enforcement official. This release would be necessary for the institution to provide you with health care and for the safety and security of the correctional institution.

Fundraising: We may use information about you to contact you to raise money for our hospitals or clinics. We will limit any information we release about you such as your name, address and telephone number and the dates you received treatment or services at our facilities. For example, we may send you a letter asking if you would like to make a donation. You can choose not to be contacted for our fundraising efforts. If we send you information about our fundraising efforts, we will include a simple way for you to request that we not contact you in the future for our fundraising efforts.

**OTHER USES AND DISCLOSURES**

Except as described in this Notice, or as allowed by State or federal law, we will not use or share your health information without your written authorization. For example, we cannot use or disclose your health information for marketing purposes, or sell your health information without your written authorization. If you sign an authorization and later change your mind, you can let us know in writing. This will stop any future uses and disclosures of your information but will not require us to take back any information we already disclosed.

**YOUR RIGHTS ABOUT YOUR HEALTH INFORMATION**

You have the following rights about your health information, which you can exercise by submitting your request at the facility where you obtain health care. For your convenience, the applicable forms can be found on our websites at [dhs.lacounty.gov](http://dhs.lacounty.gov), [dmh.lacounty.gov](http://dmh.lacounty.gov) or [publichealth.lacounty.gov](http://publichealth.lacounty.gov).

**Right to Request Restrictions of Your Health Information:** You have the right to ask us to follow special restrictions when using or providing your health information for treatment, payment or health care operations. You may also ask for restrictions on the records we give out to someone who is involved in your care or the payment of your health care. For example, you might ask us to not to share certain information with your spouse.

We are not required to agree to your request and will tell you if we cannot honor your request. However, if we do agree, we will comply unless the health information is needed to provide you emergency treatment. If we share your restricted health information with a health care provider for emergency treatment, we will ask the health care provider to not further use or disclose the information.

**Right to Ask for Restrictions When You Fully Pay Out-of-Pocket:** You have the right to request a restriction on the disclosure of your health information to a health plan for purposes of payment or health care operations if you or someone else paid out-of-
pocket, in full, for a health care item or service. We must agree to your request, unless the law requires us to share your information. If you paid out-of-pocket in full for a health care item or service, and you wish to request this special restriction, you must submit your written request to the facility where you obtain health care.

**Right to Choose Someone to Act for You:** If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information. We will make sure this person has the proper authority before we take any action.

**Right to Receive Confidential Communications:** You have the right to ask that we communicate with you about your appointments or other matters related to your treatment in a specific way (e.g., only calling you at work). You must specify how or where we may contact you. We will grant all reasonable requests.

**Right to Access, Inspect, and Copy Your Health Information:** With certain exceptions, such as records considered psychotherapy notes, you have the right to see and get a copy of the medical records we have of your care. To inspect and copy your medical records, you must make your request, in writing, to the facility where you obtain health care. If you request a copy of your medical record, we may charge a fee for the costs of copying, mailing, or supplies associated with your request. If we deny your request, we will provide you with a written decision.

**Right to Amend Your Health Information:** If you feel that the health information contained in your medical record is incorrect or incomplete, you may ask us to correct or update the information. You have the right to request an amendment for as long as we keep the health information. To request an amendment, you must make your request, in writing, to the facility where you obtain health care. You must state why you believe your health information is wrong or incomplete. In certain cases, we may deny your request for an amendment. If we deny your request, we will give you a written reason.

**Right to Receive an Accounting of Disclosures of Health Information:** You have the right to ask for an accounting of certain disclosures of your health information made by the Agency. This is a list of disclosures we made of your health information other than our own uses for treatment, payment and health care business. To ask for an accounting of disclosures, you must state a time period, but not longer than six years. The first accounting provided within a twelve-month period is free. We may charge you a fee for each future request. Before we process your request, we will tell you the cost so you may change or withdraw your request.

**Right to Obtain a Paper Copy of Notice:** You have the right to receive a paper copy of this Notice at any time, even if you have already received a copy or have agreed to receive this Notice electronically. You may obtain a paper copy of this Notice from the facility where you obtain health care. An electronic copy of this Notice is also available on our websites: dhs.lacounty.gov, dmh.lacounty.gov or publichealth.lacounty.gov.
CHANGES TO THIS NOTICE

We may change this Notice when the law or our practices change. We reserve the right to make the revised or changed Notice effective for health information we already have about you as well as any information we receive in the future. You will not automatically receive a new Notice. If we change this Notice, we will post the revised Notice in our facilities and on the above-mentioned websites. You may also obtain any revised Notice from the facility where you obtain health care.

HOW TO FILE A COMPLAINT

If you believe your privacy rights have been violated by us, you may file a complaint with the facility where you obtain health care or any of the offices listed below. The law prohibits retaliation against an individual for filing a complaint.

County of Los Angeles
Department of Health Services
Privacy Officer
313 N. Figueroa Street, Room 703
Los Angeles, CA 90012
(800) 711-5366

County of Los Angeles
Department of Public Health
Privacy Officer
5555 Ferguson Drive, Suite 3033
Commerce, CA 90022
(888) 228-9064

County of Los Angeles
Department of Mental Health
Director of Patients’ Rights Office
550 South Vermont Avenue
Los Angeles, CA 90020
(800) 700-9996

You may also file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights at (800) 368-1019 (TDD: 800-537-7697) or by sending a letter to:

Region IX, Office for Civil Rights
U.S. Department of Health and Human Services
90 7th St. Suite 4-100
San Francisco, CA 94103

You may also file a complaint at this link:
www.hhs.gov/ocr/privacy/hipaa/complaints/
WHO WILL FOLLOW THIS NOTICE OF PRIVACY PRACTICES

This Joint Notice of Privacy Practices (Joint Notice) describes the privacy practices followed by the workforce members of the County of Los Angeles Department of Health Services, Mental Health, and Public Health, collectively referred to as the Health Agency (Agency), and the University of Southern California (USC). Workforce members include doctors, nurses, residents, therapists, case managers, students in training, volunteers, and other health care staff who help with your care at an Agency facility. The Joint Notice describes how we may use and disclose (provide to others) medical information about you. It also explains your rights regarding the use and disclosure of your medical information. For purposes of this Joint Notice, “we” means the organized health care arrangement between the Agency and USC at LAC+USC Medical Center.

We are committed to keeping your medical information private. To manage your care, we create a record of the treatment and services you receive at our facilities. This record is needed to provide you with quality care and to comply with certain legal requirements. This Joint Notice applies to all records of the care provided to you in our facilities.

OUR PLEDGE REGARDING YOUR HEALTH INFORMATION

The law requires the Agency to:

- Keep your medical records and health information, also known as “protected health information," private and secure.
- Give you this Joint Notice which explains your rights and our legal duties with respect to your health information.
- Tell you about our privacy practices and follow the terms of this Joint Notice.
- Notify you if there has been a breach of the privacy of your health information.
USES AND DISCLOSURES OF YOUR HEALTH INFORMATION

The following categories describe the different ways that we may use or disclose your health information without obtaining your authorization. For each category of use or disclosure, we will explain what we mean and try to give some examples. Not every use or disclosure in a category is listed. However, all of the ways we may use and disclose information falls within one of the categories.

Treatment: We may use and disclose your health information to provide you with medical treatment and related services. We may share your health information with doctors, medical staff, counselors, treatment staff, clerks, support staff, and other health care personnel who are involved in your care. We may also share your health information with treatment providers for your future care for other treatment reasons. In addition, we may use or share your health information in response to an emergency.

Payment: We may use and disclose your health information to bill and receive payment for the treatment and services you receive. For billing and payment purposes, we may disclose your health information to your payment source, including insurance or managed care company, Medicare, Medicaid, or another third-party payer. For example, we may give your health plan information about the treatment you received so your health plan will pay us or refund us for the treatment or we may contact your health plan to confirm your coverage or to ask for prior authorization for a proposed treatment.

Health Care Operations: We may use and share your health information for Agency business purposes, such as quality assurance and improvement actions, reviewing the competence and qualifications of health care professionals, medical review, legal services, audit roles, general administrative purposes and for joint health care operations of the Agency and USC. For example, we may use your health information to review our treatment and services and to evaluate our staff’s performance in caring for you. We may combine health information about our patients to decide what added services the Agency should offer or whether new treatments are effective. The law may need us to share your health information with representatives of federal and State regulatory agencies that oversee our business.

Business Associates: We may share your health information with our business associates so they can perform the job we have asked them to do. Some services provided by our business associates include a billing service, record storage company, or legal or accounting consultants. To protect your health information, we have written contracts with our business associates requiring them to safeguard your information.

Health Information Exchange: We, along with other health care providers in the Los Angeles area, may participate in one or more Health Information Exchanges (HIE). An HIE is a community-wide information system used by participating health care providers to share health information about you for treatment purposes. Should you require treatment from a health care provider that participates in one of these exchanges who does not have your medical records or health information, that health care provider can use the system to gather your health information in order to treat you. For example, he or she may be able to get
laboratory or other tests that have already been performed or find out about treatment(s) that you have already received. We will include your health information in this system. If you would prefer your information not to be shared with the HIE (opt-out) or have previously opted out of HIE participation and would like to share your information with the HIE (opt-in), please notify your registration staff or the business office at the facility where you obtain health care. The staff can help you change your preference using the HIE Change of Sharing Status form.

**Hospital Directory:** Our hospitals maintain a directory that lists patients admitted to the hospital so family and friends can call or visit you or so you can receive mail. If you do not object, we will include your name, location in the hospital, general condition (e.g., fair, stable, critical, etc.), and religious affiliation in the hospital directory. The directory information, except for religious affiliation, will be released to people who ask for you by name, unless you have asked us not to include you or to limit this information. Providing your religious affiliation is your choice. If you decide to give us this information, it may be given to a member of the clergy, such as a priest or rabbi, even if they do not ask for you by name.

**Appointment Reminders:** We may use and disclose your health information to contact you as a reminder that you have an appointment at one of our facilities via standard mail (postcard), telephone, email, or text messaging.

**Discuss Treatment, Alternatives and Other Health-Related Benefits and Services with You:** We may use and disclose your health information to tell you about your health condition or to recommend possible treatment choices or alternatives. We may tell you about health-related benefits, medical education classes or services (such as eligibility for Medicaid or Social Security benefits), that may be of interest to you.

**To Individuals Involved in Your Care or Payment of Your Care:** We may disclose your health information to a family member, a relative, a close friend, or other individual involved in your medical care or payment for your medical care if we obtain your verbal agreement, or if we give you an opportunity to object to such a disclosure, and you do not raise an objection. If you are unable to agree or object at the time we give you the opportunity to do so, we may decide that it is in your best interest, based on our professional judgment, to share your health information, such as if you are incapacitated or during an emergency.

**Disaster Relief Purposes:** We may disclose your health information to an organization assisting in a disaster relief effort so that your family can be notified about your condition, status, and location. We will give you the opportunity to agree to this disclosure or object to this disclosure, unless we decide that we need to disclose your health information in order to respond to the emergency circumstances.

**Public Health Purposes:** We may disclose health information about you for public health activities. These activities generally include the following:

- To prevent or control disease, injury or disability;
- To report births and deaths;
- To report child abuse or neglect;
- To report reactions to medications or problems with products;
To notify people of recalls of products they may be using;
To notify a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition;
To notify the appropriate government authority if we believe you have been the victim of abuse, neglect, or domestic violence.

**For Health Oversight Purposes:** We may disclose your health information to a health oversight agency for purposes allowed by law. For example, we may share your health information for audits, investigations, inspections, accreditation, licensure, and disciplinary actions.

**Research:** Your health information may be provided to a researcher if you authorize the use of your health information for research purposes. In some situations, we may disclose your information to researchers preparing a research protocol or if our Institutional Review Board (IRB) Committee determines that an authorization is not necessary. The IRB Committee is charged with ensuring the protection of human subjects in research. We also may provide limited health information about you (not including your name, address, or other direct identifiers) for research, public health or health care operations, but only if the person or organization that receives the information signs an agreement to protect the information and not use it to identify you.

**Judicial and Administrative Proceedings:** If you are involved in a lawsuit or a dispute, we may disclose your health information in response to a court or administrative order. We may also disclose your health information in response to a subpoena, discovery request, or other legal procedure by someone else involved in the dispute, but only if efforts have been made to tell you about the request (which may include written notice to you) or to obtain an order protecting the health information requested.

**Law Enforcement:** We may disclose your health information to law enforcement agencies:

- If the police bring you to the hospital and document that exigent circumstances exist to test your blood for alcohol or substance abuse; or
- If the police present a valid search warrant; or
- If the police present a valid court order; or
- To report abuse, neglect, or assaults as required or permitted by law; or
- To report certain threats to third parties or crimes committed on the premises; or
- To identify or locate a suspect, fugitive, material witness or missing person, if required or permitted by law; or
- To report your discharge, if you were involuntarily detained after a peace officer initiated a 72-hour hold for psychiatric evaluation and requested notification.

**Organ and Tissue Donation:** If you are an organ donor, we may release your health information to an organization involved in organ and tissue donations.

**Coroners, Medical Examiners, Funeral Directors and Information About Decedents:** When required by law, your health information may be released to a coroner or medical examiner. This may be necessary, for example, to identify a deceased person or determine
the cause of death. We may also release limited health information to a funeral home. We may also give health information to family members or friends of a deceased person if they were involved in the person's care or paid for that care prior to the death and the health information is relevant. However, we will not do this if the health information is not relevant to their involvement or if it is known to us that the deceased person would not have wanted us to share such information.

**To Prevent a Serious Threat to Health or Safety:** We may use and disclose certain information about you when necessary to prevent a serious threat to your health and safety or the health and safety of others. Any such disclosure, however, would only be to the extent required or permitted by federal, State or local laws and regulations.

**Military Personnel:** If you are a member of the armed forces, we may disclose your health information as mandated by military authorities or the Department of Veterans Affairs.

**Specialized Government Functions and National Security:** We may disclose your health information to federal officials to conduct lawful intelligence, counterintelligence and other national security actions allowed by law. We may disclose your health information to federal officials who provide protection to the President, other people or foreign heads of state, or conduct an investigation.

**Workers’ Compensation:** We may disclose your health information as allowed by workers’ compensation laws or related programs. For example, we may communicate your health information regarding a work-related injury or illness to claims administrators, insurance carriers, and others responsible for evaluating your claim for workers’ compensation benefits.

**As Required By Law:** We will disclose your health information when required to do so by federal, State, or local laws. For example, the law requires us to report certain types of injuries.

**Breach Notification:** We may use and disclose your health information to tell you in the event that there has been unlawful or unauthorized access to your health information, such as when someone not authorized to see your health information looks at your information or your health information is accidently lost or is stolen. We will also report these occurrences to State and federal authorities, and may need to use your health information to do so. If this happens, we will provide you with a written notice via first-class mail to your last known address.

**Special Rules for Disclosure of Psychiatric, Substance Abuse, and HIV-Related Information:** For disclosures of health information about psychiatric conditions, substance abuse, or HIV-related testing and treatment, special rules may apply. In general, health information relating to care for psychiatric conditions, substance abuse or HIV-related testing and treatment may not be disclosed without your permission or a court order. There are exceptions to this general rule. For example, HIV test results may be disclosed to your provider of health care without written authorization.
Inmates: If you are an inmate or under the custody of a law enforcement official, we may release your health information to the correctional institution or law enforcement official. This release would be necessary for the institution to provide you with health care and for the safety and security of the correctional institution.

Fundraising: We may use information about you to contact you to raise money for our hospitals or clinics. We will limit any information we release about you such as your name, address and telephone number and the dates you received treatment or services at our facilities. For example, we may send you a letter asking if you would like to make a donation. You can choose not to be contacted for our fundraising efforts. If we send you information about our fundraising efforts, we will include a simple way for you to request that we not contact you in the future for our fundraising efforts.

**OTHER USES AND DISCLOSURES**

Except as described in this Notice, or as allowed by State or federal law, we will not use or share your health information without your written authorization. For example, we cannot use or disclose your health information for marketing purposes, or sell your health information without your written authorization. If you sign an authorization and later change your mind, you can let us know in writing. This will stop any future uses and disclosures of your information but will not require us to take back any information we already disclosed.

**YOUR RIGHTS ABOUT YOUR HEALTH INFORMATION**

You have the following rights about your health information, which you can exercise by submitting your request at the facility where you obtain health care. For your convenience, the applicable forms can be found on our websites at [dhs.lacounty.gov](http://dhs.lacounty.gov), [dmh.lacounty.gov](http://dmh.lacounty.gov) or [publichealth.lacounty.gov](http://publichealth.lacounty.gov).

**Right to Request Restrictions of Your Health Information:** You have the right to ask us to follow special restrictions when using or providing your health information for treatment, payment or health care operations. You may also ask for restrictions on the records we give out to someone who is involved in your care or the payment of your health care. For example, you might ask us to not to share certain information with your spouse.

We are not required to agree to your request and will tell you if we cannot honor your request. However, if we do agree, we will comply unless the health information is needed to provide you emergency treatment. If we share your restricted health information with a health care provider for emergency treatment, we will ask the health care provider to not further use or disclose the information.

**Right to Ask for Restrictions When You Fully Pay Out-of-Pocket:** You have the right to request a restriction on the disclosure of your health information to a health plan for purposes of payment or health care operations if you or someone else paid out-of-pocket, in full, for a health care item or service. We must agree to your request, unless the law requires us to share your information. If you paid out-of-pocket in full for a health care item or service, and
you wish to request this special restriction, you must submit your written request to the facility where you obtain health care.

**Right to Choose Someone to Act for You:** If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information. We will make sure this person has the proper authority before we take any action.

**Right to Receive Confidential Communications:** You have the right to ask that we communicate with you about your appointments or other matters related to your treatment in a specific way (e.g., only calling you at work). You must specify how or where we may contact you. We will grant all reasonable requests.

**Right to Access, Inspect, and Copy Your Health Information:** With certain exceptions, such as records considered psychotherapy notes, you have the right to see and get a copy of the medical records we have of your care. To inspect and copy your medical records, you must make your request, in writing, to the facility where you obtain health care. If you request a copy of your medical record, we may charge a fee for the costs of copying, mailing, or supplies associated with your request. If we deny your request, we will provide you with a written decision.

**Right to Amend Your Health Information:** If you feel that the health information contained in your medical record is incorrect or incomplete, you may ask us to correct or update the information. You have the right to request an amendment for as long as we keep the health information. To request an amendment, you must make your request, in writing, to the facility where you obtain health care. You must state why you believe your health information is wrong or incomplete. In certain cases, we may deny your request for an amendment. If we deny your request, we will give you a written reason.

**Right to Receive an Accounting of Disclosures of Health Information:** You have the right to ask for an accounting of certain disclosures of your health information made by the Agency. This is a list of disclosures we made of your health information other than our own uses for treatment, payment and health care business. To ask for an accounting of disclosures, you must state a time period, but not longer than six years. The first accounting provided within a twelve-month period is free. We may charge you a fee for each future request. Before we process your request, we will tell you the cost so you may change or withdraw your request.

**Right to Obtain a Paper Copy of Notice:** You have the right to receive a paper copy of this Joint Notice at any time, even if you have already received a copy or have agreed to receive this Joint Notice electronically. You may obtain a paper copy of this Joint Notice from the facility where you obtain health care. An electronic copy of this Joint Notice is also available on our websites: dhs.lacounty.gov, dmh.lacounty.gov or publichealth.lacounty.gov.
CHANGES TO THIS JOINT NOTICE

We may change this Joint Notice when the law or our practices change. We reserve the right to make the revised or changed Notice effective for health information we already have about you as well as any information we receive in the future. You will not automatically receive a new Notice. If we change this Joint Notice, we will post the revised Notice in our facilities and on the above-mentioned websites. You may also obtain any revised Notice from the facility where you obtain health care.

HOW TO FILE A COMPLAINT

If you believe your privacy rights have been violated by us, you may file a complaint with the facility where you obtain health care or any of the offices listed below. The law prohibits retaliation against an individual for filing a complaint.

County of Los Angeles
Department of Health Services
Privacy Officer
313 N. Figueroa Street, Room 703
Los Angeles, CA 90012
(800) 711-5366

County of Los Angeles
Department of Public Health
Privacy Officer
5555 Ferguson Drive, Suite 3033
Commerce, CA 90022
(888) 228-9064

County of Los Angeles
Department of Mental Health
Director of Patients’ Rights Office
550 South Vermont Avenue
Los Angeles, CA 90020
(800) 700-9996

You may also file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights at (800) 368-1019 (TDD: 800-537-7697) or by sending a letter to:

Region IX, Office for Civil Rights
U.S. Department of Health and Human Services
90 7th St. Suite 4-100
San Francisco, CA 94103

You may also file a complaint at this link:  [www.hhs.gov/ocr/privacy/hipaa/complaints/](http://www.hhs.gov/ocr/privacy/hipaa/complaints/)